

Advanced Registered Nurse Practitioner Care

Volume 10, Number 2

Official Newsletter of ARNPs United

February, 1999

President's Corner

by Hazel Fleck

Prescriptive Authority: - This is a time of activity in the Legislature. AAPPN initially introduced their own bill for mental health NPs only. That has now been dropped and they have joined us in one bill. However, there are other hurdles ahead and we have to expect problems along the way. With a split Legislature, co-chairs of Committees are not an advantage. Things move rapidly during the session and ARNPs United members must expect changes will occur more rapidly than we can keep you informed. In fact, by the time you read this, I expect many changes will have been made. Some form of compromise may be necessary. Would you accept schedule III and IV now and work for schedule II in the future? Would you accept a protocol written by the Nursing Commission and the Board of Pharmacy for schedules II-IV? How about a **one** year agreement with a MD or DO followed by full authority? These are all possibilities. It is **not** possible to be supervised or otherwise controlled by physicians and this will not be considered. But, a one year agreement of consultation for schedule II, III, and IV only (not to affect any other prescriptive authority) might be considered if at the end of that time, full authority would be gained. Most of us work with physicians who fully support us anyway. This could be a win-win situation. Think about it carefully.

School Medications: In other news, OSPI will be putting forward a bill regarding medications to be given in school ordered by anyone with prescriptive authority. No opposition is anticipated for this bill but watch it closely. If it is at all possible, come to ARNP Lobby Day. Show our numbers, meet with your legislators and push to have our bill passed.

Family Physicians: I recently met with Dr. James Luke Olson, President of the Washington Academy of Family Physicians. This organization is pursuing a collegial relationship with both us and the Physicians Assistants. Among other things, we agreed that the Presidents of our organizations will meet twice a year to share ideas, problems and common goals. Our lobbyists are to meet in Olympia to discuss legislative agendas. We will have a free booth at their annual meeting; this year in Wenatchee May 21-22. Both I and President-elect Jerri Henry plan to attend. ARNPs will be invited to their CME offerings. We hope to arrange a free booth for them at the fall conference. If you work with a Family Physician, especially one who belongs to WAFP, please express your appreciation of this effort. They are requesting our support of their Legislative agenda; supporting the tobacco settlement funds being used for the Basic Health Plan and stop-smoking programs and expanding coverage for children under the

new Children's Health Insurance Program. It would be difficult to argue with that agenda. It is not clear yet if they will actively support our bill but will not oppose it. *Happy Valentines Day!*

ARNP Legislative Day

Will be held on the afternoon of March 1, 1999 in Olympia. We have a unique opportunity this year to complete our prescriptive authority. You have a few days left to arrange to get this afternoon off. No excuses! That day we will be making the final push to get our bill through the Legislature. Mark your calendar and plan to have that afternoon off. Take the enclosed flyer with you to Olympia, driving and parking instructions included.

Find out who your legislator is and call them! Tell them what a nurse practitioner does and who we are in our communities. Contact the ARNPs United office at 253.480.1035 or au@nurse.org for additional information.

Legislative Update

by Larry Kerschner

The legislature is in session and we are in the fray. As of this writing we don't have a bill number for our prescriptive authority bill but the text numbers are H-0832/99 for the House and S-0728/99 for the Senate. Our lobbyist Jerry Farley is still getting sponsor signatures and will drop the bills in the first week of February. Now is the time for many phone calls. All the legislators need to be contacted. Below is a list of the members of the health care committees. All of them in particular need to be contacted. If you aren't sure of how to get in touch with your legislator call 800.562.6000. You can leave a message or get the office number and call directly. We need many calls at this time. Two other bills we want to support with calls are a bill supporting mental health parity with physical health under insurance plans and the bill changing the language to address the problem of prescription medications in schools (School Medications bill SB 5590). Unfortunately we don't have one of those bill numbers at this time. By the time this is printed the bill number should be available at the ARNPs United office. A particularly important legislator to persuade to our side is Linda Evans Parlette. She is a co-chair of the House Health Committee and is a pharmacist. If you know any pharmacists that support our position if they could call and talk to her it might be very helpful.

House Health Care Committee:

Co-chair: Eileen Cody (D-11) 360-786-7978
Jeanne Edwards (D-1) 360-786-7900
Shay Schual-Berke (D-33) 360-786-7868
Laura Rugerman (D-45) 360-786-7822

Carolyn Edmonds

Steve Conway (D-29) 360-786-7906

Co-chair: Linda Evans Parlette (R-12) 360-786-7832

Cheryl Pflug (R-5) 360-786-7876

Gary Alexander (R-20) 360-786-7990

Marc Boldt (R-17) 360-786-7994

Tom Campbell (R-2) 360-786-7824

Joyce Mullican

Senate Health Committee:

Chair: Pat Thibadeaux (D-43) 360-786-7628

Lorraine Wohjohn (D-27) 360-786-7652

Jeri Costa (D-38) 360-786-7674

Rosa Franklin (D-29) 360-786-7656

Alex Deccio (R-14) 360-786-7626

Stephen Johnson (R-47) 360-786-7692

Shirley Winsley (R-28) 360-786-7654

Make those phone calls!!!

DEA Numbers for Prescription Reimbursement

by Larry Kerschner

We have made the Office of Insurance Commissioner aware of the problem some ARNPs have been having with insurance companies requiring DEA numbers to process prescriptions. They request that we give them specific instances with the insurance company and the pharmacy involved. Please send this info to me at POB 147, Napavine WA 98565.

We have also contacted the Seattle office of the DEA on this issue.

Cerebyx Overdosages

from MedWatch

Parke-Davis has notified Health Care Professionals that it is revising the vial and carton labels for the anticonvulsant Cerebyx (fosphenytoin sodium injection). Massive overdoses of Cerebyx associated with serious adverse events, including death, have resulted from health care workers' mistaken interpretation of the current vial label (both 2mL and 10mL vials).

Specifically, some health care workers withdrawing Cerebyx from the vial have misinterpreted the vial label to mean that the amount of phenytoin equivalents per milliliter actually represents the total amount of phenytoin equivalents in the vial.

You can find the letter at <http://www.fda.gov/medwatch/safety/1999/safety99.htm#cerebyx>

FDA Warns About Products Containing Gamma Butyrolactone or GBL and Asks Companies To Issue A Recall

from MedWatch

The Food and Drug Administration is alerting consumers not to purchase or consume products, some of which are labeled as dietary supplements, that contain gamma butyrolactone (abbreviated as GBL). FDA has also asked the companies that manufacture these products to voluntarily recall them. The agency has received

reports of serious health problems – some that are potentially life-threatening – associated with the use of these products. Although labeled as dietary supplements, these products are illegally marketed unapproved new drugs. Products containing GBL are marketed under various brand names including Renewtrient, Revivarant or Revivarant G, Blue Nitro or Blue Nitro Vitality, GH Revitalizer, Gamma G, and Remforce. They are promoted with claims to build muscles, improve physical performance, enhance sex, reduce stress and induce sleep. GBL is also known by the chemical names 2(3H)-furanone dihydro; butyrolactone; gamma-butyrolactone; 4-butyrolactone; dihydro-2(3H)-furanone; 4-butanolide; 2(3H)-furanone, dihydro; tetrahydro-2-furanone; and butyrolactone gamma.

GBL related products have been associated with reports of at least 55 adverse health effects, including one death. In 19 of those cases, the consumers became unconscious or comatose and several required intubation for assisted breathing. Other reported effects included seizures, vomiting, slow breathing, and slow heart rate. There are reports of at least 5 children under 18 years of age who have been injured or who have suffered these kinds of effects.

When taken orally, GBL is converted in the body to gamma hydroxybutyrate or GHB. GHB is a very potent unapproved drug. It is currently being investigated under the supervision of doctors for the treatment of narcolepsy. Because of its serious side effects, GHB should not be taken unless in the context of these FDA approved investigations. FDA and the Justice Department have ongoing criminal enforcement actions against GHB. GBL should not be taken.

Products containing GBL are sold in liquid and powder form. They are sold via the Internet, in some health food stores, and in some gymnasiums and fitness centers. Consumers are advised to dispose of any products of this type in their possession. If they have experienced adverse health problems from use of these products, they should promptly contact a health professional. FDA requests consumers and providers to report adverse events to FDA's MedWatch 800.332.1088.

The Trimfast Group, Inc. has agreed to recall the product Revivarant, 32 ounces of liquid in a plastic bottle, and Revivarant G, 200 grams of powder in a pill bottle. Other companies manufacturing products containing GBL are being asked by the FDA to voluntarily recall them. FDA is considering all potential regulatory actions at its disposal if products containing GBL are not recalled. The agency will act expeditiously to protect the public health.

Classified Ads

Clinic Coordinator

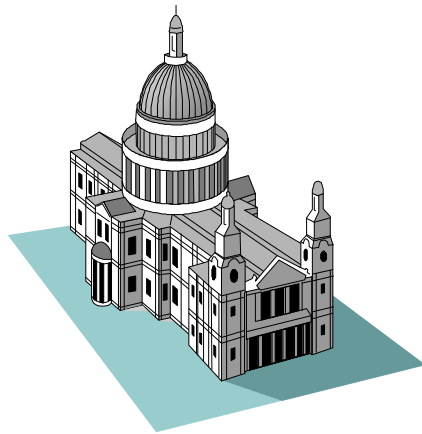
Clinic Coordinator wanted for community-based out of hospital birth center. Requires enthusiasm for and experience with out of hospital birth and public relations skills. Will develop clinic services and birth

~ *Take this flyer with you to Olympia* ~
Driving and Parking Instructions on reverse side



ARNPs United Needs You!!!

In Olympia March 1, 1999,
11:00 am, Room E, O'Brien House Office Bldg.



Nurse Practitioner Legislative Day

We have a unique opportunity this year to **complete** our prescriptive authority and **this is the day** we will be making the final push to get our bill through the Legislature. Don't be the minority, come and join other NPs and be the majority to help support and pass our bill.



Find out **who your legislator is** and **call them**, make an appointment to **see your legislator**. Tell them what a nurse practitioner does and who we are in our communities. To reach the **Legislative Hotline**, call **800-562-6000**.

~ *Take this flyer with you to Olympia* ~
Driving and Parking Instructions on reverse side

Driving and Parking Instructions to the Capitol in Olympia...

From I-5 Southbound: Take exit 103 and proceed on 2nd Avenue; turn left onto the Custer Way overpass; turn right on Boston, proceed downhill to Deschutes Parkway; turn right (north) onto the Parkway and proceed to the designated parking area along Capitol Lake.

From I-5 Northbound: Take exit 103 and proceed north on Deschutes Parkway through the stop sign to the designated parking area along Capitol Lake. For more information, call the Visitor Information Center at (360) 586-3460.

For directions to the Capitol, the O'Brien building (next to the Legislative building on campus) and Public Parking see directions below and at the following web site:

<http://www.leg.wa.gov/common/maps/parking.htm>.

There are **six parking locations** available for visitors at the Capitol:

1. Visitor Information Center Parking. Located at the Visitor Information Center at 14th and Capitol Way. There is a \$.50 per hour charge. The phone number is (360) 586-3460.
2. North and South Diagonal Parking. Located along the North and South Diagonal roads on the Capitol Campus. There is a \$.50 per hour charge. South Diagonal parking is not available for public parking during legislative session.
3. General Administration Parking Garage (upper level). Located off of 11th Avenue. There is a \$.50 per hour charge.
4. Natural Resources P1 Parking Lot. Located off Washington Street, this is metered parking.
5. The Satellite Visitor Parking Lot. At Jefferson Street and 16th Avenue (access off Jefferson). Parking is metered and there is a free shuttle bus to the legislative campus which runs every ten minutes, Monday through Friday. Wheelchair accessible. During interim, this parking lot is designated as leased parking only.
6. Parking on the Deschutes Parkway along Capitol Lake. (see below; for legislative staff only and satellite visitor parking lot overflow). Parking is free. There is a free shuttle bus to the Capitol Campus Monday through Friday.

Persons with Disabilities: Those needing auxiliary aids or services for purposes of attending hearings or participating in other legislative activities should call the House of Representatives at (360) 786-7101 or the Senate at (360) 786-7400 for further information. TTY 1-800-635-9993.

Tour and School Buses: Buses may unload and reload passengers on the Capitol Campus at the Winged Victory statue (at the junction of the North and South Diagonals). Buses should then repark in the bus parking area at the Satellite Parking Lot.

center relations with medical community. 20 hours per week. Send resume to Community Birth & Family Center, 2200 - 24th Ave E, Seattle, WA 98112 for application and job description.

Psychiatric Nurse Practitioner

Psychiatric NP for immediate opening at Sammamish Valley Psychological Services, PS, an established multidisciplinary behavioral health clinic with offices in Redmond and Woodinville. Needs broad clinical skills in assessment, medication and psychotherapy. Independent prescribing experience required. Must work well with managed care. Clinic provides referrals, MCO contracts, billing, office staff, furnished office, voice mail/pager. Call Gregg Schimmel, PhD at 425-883-2623 ext 23. Fax vita 425-883-6241.

Psychiatric ANP

Southcentral Foundation (SCF), an Alaskan Native non profit health organization, is currently recruiting for a Psychiatric ANP in scenic Anchorage, Alaska. SCF emphasizes working together with the Native community to achieve wellness through health and related services. Anchorage provides many outdoor recreational opportunities and the comforts of a modern city. This full time position involves working in an outpatient care clinic responsible for providing psychiatric and psychological care to Alaska Native/American Indian clientele. Competitive salary, excellent benefits package are offered. Alaska license and psychotropic prescriptive authority required. For more information contact : Southcentral Foundation, 4501 Diplomacy Drive, Anchorage, Alaska. (907)265-4981; fax (907)265-5925 Salary DOE, open until filled. Native preference under PL 93-638. Preference will not be given unless certification is attached to the application.

Psychiatric Nurse Practitioner

SW Washington - Progressive, growing and quality behavioral health program seeks an experienced psychiatric nurse practitioner to join its multi-disciplinary team working in an inpatient dual diagnosis unit and an outpatient mental health treatment center. This five day per week position, without call, is located in a wonderful, family oriented community just 50 minutes north of Portland, Oregon. It is ideal for practitioners who want to utilize a solution focused approach that emphasizes each patient's strengths and join a strong, mission and valued, non-profit, organization that provides quality and compassionate care. We are part of an integrated Catholic healthcare organization. We offer competitive compensation and outstanding benefits. Contact Anne Bennett at 360-414-7596 or fax CV to 360-636-4955, PeaceHealth, PO Box 3002, Longview, WA 98632, e-mail: ABennett@PeaceHealth.org.

Behavioral Health NP

Established multidisciplinary behavioral health group seeks nurse practitioner with prescriptive authority. Case mix includes counseling and psychotherapy as well as medication services to patients receiving counseling from other practitioners in the group. Unique opportunity to participate with a fully integrated practice group without moving your current practice or assuming other overhead costs. Call Dr Phil Hirsch at 206-729-1166.

Part-Time FNP

Experienced FNP to do urgent care in a well-established, busy family practice. Evenings 3pm - 7pm, Monday, Wednesday, Friday and all day Saturday. Some hour flexibility. ARNP on site. Friendly, professional site. Send resume to A. Coad-Chapman, Bellevue Family Medicine, Suite 102, 1600-116th NE, Bellevue, WA 98004-3099. Fax: 425-454-8188.



Continuing Education

Staying Healthy Physically & Financially

March 8, 9, 10, 1999. Location: Meany Tower Hotel, Seattle, WA. A workshop for ARNPs in all specialty areas sponsored by the Gerontological Nurse Practitioners of Puget Sound as an annual continuing education program. 24 CEUs (10 pharmacy CEUs). Call 1-206-298-1768 for a brochure or questions.

Clinical Pharmacology Series 1999

| | |
|----------------|--------------------------------|
| March 10, 1999 | Pediatric Drug Therapy |
| March 13, 1999 | Neonatal Drug Therapy |
| April 14, 1999 | Geriatric Drug Therapy |
| May 4, 1999 | Adult Drug Therapy |
| May 18, 1999 | Women's Health Drug Therapy |
| June 11, 1999 | Neuropsychotropic Drug Therapy |

Location: University of Washington, Rotunda (Neonatal Drug Therapy only) and Shoreline Conference Center for all other courses, Seattle, WA. This series of six one-day courses (8 contact hours each session) is designed as a pharmacology update for nurse practitioners working in a variety of specialties. Sessions focus on current recommendations and controversies regarding drug therapy for common problems and include appropriate pharmacotherapeutic principles and recommendations for patient education. Sponsored by: University of Washington School of Nursing. Contact: Continuing Nursing Education, University of Washington, Box 357260, Seattle, WA 98195-7260, phone: 206-543-1047, www.son.washington.edu/~cne/.

Foot Nurse Training Class

April 9-10, 1999. Location: Wyndham Inn at Semiahmoo in Blaine, Washington. This conference is sponsored by The WSPMA and The Ellensburg-Cle-Elum Senior Foot Clinics. 16 CME units awarded. Physical examination of the foot (with lab practical), Pathophysiology: Overview (Vascular, Neurological, Dermatological, Biomechanical), Anatomy (with lab practical), Practical aspects of the nurse foot clinic, Treatment approaches: Medical and Surgical; Wound care, Legal information, Infection control and Round table discussion. \$125 for registration before March 15, \$150 after March 15 or at the door. Make check payable to: Washington State Podiatric Medical Association, 509 Olive Way #1125, Seattle, WA 98101. For more information call: Mara Fusfield, MA, RN, MSNC at 509-962-2620. The Wyndham Inn at Semiahmoo, 9565 S Parkway, Blaine, WA 98230, phone: 800-770-7992.

Hot Topics in Primary Care: New Approaches to Allergic Rhinitis, Asthma, Diabetes and Hepatitis B & C

May 16-18, 1999. Location: Eldorado Hotel, Santa Fe, New Mexico. This three day course sponsored by the University of Washington School of Medicine and School of Pharmacy, will cover current topics in the recognition, treatment and outcomes of allergic rhinitis, asthma, diabetes and hepatitis B & C. Experts will present on evidence-based approaches to the treatment of common clinical problems encountered in primary care practice. Fee: \$125. For further information, contact Penny Evans at 206-616-4587 or e-mail: pennye@u.washington.edu.

ARHP's 36th Annual Meeting Reproductive Health '99

September 23-25, 1999. Location: Hotel Adolphus, Dallas, Texas. The Association of Reproductive Health Professionals' (ARHP) will host its 36th annual meeting, Reproductive Health '99. This meeting is cosponsored by the National Association of Nurse Practitioners in Reproductive Health (NANPRH). Sessions will focus on contraception, abortion, STDs and other issues related to reproductive health. ARHP is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to sponsor continuing medical education for physicians. The credit hours earned will be in Category One of the Physician's Recognition Award of the American Medical Association. All sessions are also approved by ACNM and CNM for accreditation. For more information/registration contact: Amy Swann, Conference Coordinator, ARHP, 2401 Pennsylvania Ave NW, Suite 350, Washington DC, 20037-1718, E-mail: conferences@arhp.org, phone: 202-466-3825, fax: 202-466-3826.

Meeting Announcements

Puget Sound Nurse Practitioners will meet on Wednesday, February 17th at Umberto's Ristorante, 100 S King St, Seattle, WA. Program: Hyperlipidemia Speaker: John Brunzell, MD. Networking begins at 6 pm, dinner at 6:45 pm followed by the presentation. To attend, please RSVP to Suzanne Green at 206-284-3802.

Ad Information

Copy deadline is the second Tuesday of the month prior to publication. Ads may be accepted later then this on a space available basis. Position Available Ads & Continuing Education Announcements of less than 66 words are \$45, of 66 to 130 words are \$75 and greater than 130 words are \$105. Position Available Ads are priced per insertion. Continuing Education Announcements are per offering for up to three (3) consecutive insertions. New Product Announcements per product for one insertion of 130 words or less are \$75. Ad Inserts are \$540 for one issue. All ads are subject to space limitations and editing. Call for detailed rate information. Mail copy to ARNP Care, 212 Railroad Ave N, Kent, WA 98032. Phone 253.852.9042. Fax 253.480.0002. Email care@nurse.net

ARNP Care

212 Railroad Ave N, Kent, WA 98032
253.852.9042 Fax 253.480.0002
Email: care@nurse.net
http://www.nurse.org/wa/arnpcare

Editors:

Susan Caverly, MA, ARNP
Robert T. Smithing, MSN, ARNP
Madeline D. Wiley, MSN, ARNP

Contributing Editor:

Hazel Fleck, ARNP

Production Staff:

Kelly Libby, Debby Morrow & Donna Mullin

Publisher:

Nurse Practitioner Support Services

© 1999, Nurse Practitioner Support Services

Subscriptions are available to WA ARNPs and ARNP students on request from NPSS. Non-ARNPs paid subscriptions are also available. Ad rate sheet available on request.

ARNPs United

Individual memberships are \$150 per year. Lifetime memberships are \$1000. Student currently enrolled in a ARNP program may join for \$50 per year. Make your check out to ARNPs United and mail it to: ARNPs United, 212 Railroad Ave N, Kent WA 98032.

Phone: 253.480.1035, fax: 253.380.7725, email: au@nurse.org



BULK RATE
U.S. POSTAGE
PAID
Kent, WA
Permit No. 69

Return Service Requested

ARNP Care
212 Railroad Av N
Kent WA 98032