

Advanced Registered Nurse Practitioner Care

Volume 8, Number 4

Official Newsletter of ARNPs United

April, 1997

Update on Completion Of Prescriptive Authority

by Tracy Lin, ARNP, Legislative Chair and
Gail Toraason McGaffick, JD, ARNPs United Lobbyist

Where are we? March 19 was the deadline this session for each house's consideration of its own bills. Unfortunately, SSB 5232 remained in the Senate Rules Committee because there were not enough votes to move the bill onto the Senate Floor. This was due to continuing strong opposition from the Washington State Medical Association. As a result, no further action can be taken on this legislation this session. Unfortunately for both nurse practitioners and physicians, no workable compromise could be reached for the reasons outlined in our March article.

Where do we go now? We have much work to do between now and the next legislative session which begins January 12, 1998. Our work during the interim (the time between legislative sessions) will focus on grassroots activities. It will be very important for ARNPs to meet in person with their legislators over the summer and fall. In addition, we anticipate that ARNPs United and WSMA will continue to dialog.

Thanks to those of you that assisted in this effort, whether through financial contributions, contacts with your legislators, and/or contacts with physicians and other groups. We appreciate having you on the team!

More Legislative Update

by Tracy Lin, ARNP, Legislative Chair and
Gail Toraason McGaffick, JD, ARNPs United Lobbyist

At this juncture in the legislative session, the Senate is hearing House bills and vice versa. The next major deadline is April 18. If legislation hasn't cleared the opposite house by this date, it's "dead" for the session.

The only exception are budget related issues. The Legislature takes the last week to work on legislation where each house has passed a separate version and then adjourns on April 27. We think we can expect a special session this year to deal with the 1997-99 biennial budget.

Here are the highlights of other legislation that ARNPs United is tracking. Information on bill content was in our March article. This month there is an update on bill status. If one of these issues is of interest, we encourage you to obtain a copy of the bill from the Legislative Bill Room at 360.786.7573 or via the Internet at: <http://www.leg.wa.gov>.

SSB 2018 Representative Dyer's health care reform legislation. **Status:** This legislation is expected to be acted on favorably by the Senate Health and Long-Term Care Committee on April 1. We expect more changes to be made before the final version of this leg-

islation is passed. Then the big question will be whether Governor Locke will sign the bill.

HB 2223 This legislation severely limits the application of any category of provider to the Basic Health Plan "look-a-like" market. ARNPs United has a position in opposition to this legislation. **Status:** This legislation was not acted on favorably by the House and is therefore considered "dead" for the session.

SHB 1620 This legislation abolishes the corporate practice of medicine. **Status:** This bill is progressing through the process, and we expect that it will be signed into law.

SHB 1952 This legislation would repeal certificate of need for hospitals and ambulatory surgery centers. **Status:** This bill is encountering substantial opposition in the Senate and as of this date is not even scheduled for a hearing. At this point, it is probably "dead" for the session.

SB 5625 It contains important clinical sovereignty language for all providers, as well as additional disclosure requirements. **Status:** This legislation is "dead" for this session.

SHB 1057 Limiting public disclosure of complaints filed under the Uniform Disciplinary Act. **Status:** Senate, and and moving right along.

SHB 1191 Providing for review of mandated health insurance benefits. **Status:** Senate, and moving right along.

HB 1498 Limiting access to records for utilization review of services provided by mental health practitioners. **Status:** "Dead", but its provisions are included in SHB 2018.

SHB 1536 Modifying regulation of respiratory care practitioners. **Status:** Passed out of Senate Health Care. WSNA and WSMA opposed.

SHB 1798 Licensing orthotists and prosthetists. **Status:** Senate.

HB 1820 Concerning health care liability reform. **Status:** "Dead".

HB 1920 Regulating clinical laboratory science practitioners. **Status:** "Dead".

HB 1996 Providing for referrals to physical therapists from ARNPs. **Status:** "Dead", but it may be incorporated in another bill.

HB 2001 Including medical rehabilitation services in the Basic Health Plan. **Status:** "Dead".

SSB 5082 Revising procedures for mental health and chemical dependency treatment for minors. **Status:** This bill is expected to progress.

SSB 5178 Adopting the Diabetes Cost Reduction Act.

Status: This bill is being heard before the House Health Care Committee on April 1.

SB 5298 Prohibiting health insurance discrimination on the basis of genetic information. **Status:** "Dead".

SB 5528 Protecting children and vulnerable adults by using background checks. **Status:** "Dead", but some provisions may be added to other bills.

SB 5665 Providing requirements for mental health utilization review. **Status:** "Dead".

Agency for Health Care Policy and Research Appoints New Director

by Susan Caverly

In a press release dated March 3, 1997, ACHPR announced that Carolyn M. Clancy, MD has been appointed as the new Director of the Center for Outcomes and Effectiveness Research. She has been the acting Director since March 1996. Her background is in primary care, internal medicine and research. Her areas of expertise include internal medicine practice, health services research, and medical education. The priorities stated in the release include emphasis on increasing knowledge about the effectiveness of treatments for prevalent, costly conditions and the enhancement of application of patient-reported outcomes measures. In addition research will focus on the effective use of pharmaceutical intervention and the development of tools to assist consumers to make informed treatment decisions.

Basic Health Plan of Washington State

by Susan Caverly

As we have been reading in the newspapers, the Basic Health Plan has been overwhelmed by state residents who recognize the need for health care and have no other means of affording the purchase of health insurance. However, the tremendous response has led to

costs that have exceeded projections and has resulted in many cases being placed on a waiting list for acceptance as a covered member of the plan. Current thoughts about ways to manage costs include the exclusion of pharmacy and mental health benefits. The legislative

committee for ARNPs United strongly opposes any cuts to these specific benefits. The basis for continuing to cover these health care needs lies in documentation that without mental health benefits the medical costs offsets that occur in primary and specialty care arenas exceed the projected costs for psychiatric care and have been shown to be less efficacious. Pharmacy coverage for all areas of health and illness care seems an obvious need. It is of little use to provide an assessment and then a prescription for medication to someone with no means of purchasing the drug. Dropping or stripping coverage for these two areas appears to be short-sighted and to effectively increase the costs of providing general health care services to the same population. If you agree, contact the governor at 360.902.4111 and voice your concerns..

Media Addresses

by Susan Caverly

Recently there has been a great deal of discussion on the internet and in educational and conference settings about the impact of television media on consumer perception of Nursing and especially Nurse Practitioners. There was a brief segment aired on the CBS evening News which many Nurse Practitioners found to be slanted toward the agenda of the American Medical Association. However, for many of us, it seems onerous to respond to a television show or network. One of the barriers quite simply is that we don't have the address! In response to this, several NPs contributing to NPinfo, the National Nurse Practitioner electronic mailing list, have provided the addresses we are most likely to require for our local news networks. While it is important that our responses to existing programming and our suggestions for future health care and Nurse Practitioner content are clearly stated and when possible our opinions are referenced, it is most important that we make ourselves known to those who develop content for the airwaves. Offer to be a consultant, or to assist in finding someone for an interview when this is appropriate. Each chance represents a golden opportunity we cannot afford to neglect when it comes to the media. When our voices are silent, and the AMA's voice is present, we cannot be critical of the media if we don't put forth the effort to educate them!

ABC Network TV

770 W. 66th St., NY, NY 10023

CBS Network TV

524 W. 57th St., NY, NY 10019

CBS Audience Services audsvc@cbs.com

NBC Network TV

30 Rockefeller Plaza, NY, NY 10112

FOX Broadcasting Co.

10201 W. Pico Blvd., LA, CA 90035.

ARNP Care

212 Railroad Ave N, Kent, WA 98032

253.852.9042 Fax 253.480.0002

E-mail: care@nurse.net

<http://www.nurse.org/wa/arnpcare>

Editors:

Susan Caverly, MA, ARNP
Robert T. Smithing, MSN, ARNP
Madeline D. Wiley, MSN, ARNP

Contributing Editor:

Ted Ritter, MN, ARNP

Production Staff:

Kelly Libby, Pete Mullin, &
Jim Nannery

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Enhanced AIDS Funding

by Susan Caverly

In a February 27, 1997 press release, the President announced that in spite of having made good progress toward reduction of the number of Americans dying of AIDS, much more needs to be done. \$202 million in funds under the Ryan White Comprehensive AIDS Resources Emergency Act was released for the provision of people living in 49 United States cities. During the last four years, the number of cities receiving such funding has increased from 26 to 49, and the funds available have increased by 158%.

Classified Ads

Associate Director for Health Services

Full-time, eleven month appointment; August through June annually. Provides primary medical care and medical care supervision to three staff members (PA/NP, RN and medical assistant) in ambulatory care clinic. Develops/implements health and wellness programs/services. Responsible for Health Services administrative functions. Assists Director of Counseling, Health and Wellness Services with activities/projects. Nurse Practitioner with national board certification in Primary Care, Family or Adult Practice and appropriate state licenses. Three or more years of primary care experience, including patient education. Experience in preventative programming and outreach services within holistic wellness education model. Previous medical clinic experience, preferably in college health care setting. Excellent communication skills. Computer skills and medical data collection/management experience preferred. Review of applications will begin immediately. Send interest letter, resume, salary history and names of three references to: Associate Director Search, University of Puget Sound, P.O. Box 7297, Tacoma, WA 98407. AA/EOE.

Psychiatric Nurse Practitioner

Work with an established, Board Certified Psychiatrist in a variety of outpatient settings. Gain experience and training in this private, agency and institutional practice. Expect a full case load and full time hours after the initial start-up phase. Salary negotiable and dependent on experience. Port Angeles, Washington is a rural community with a population of 18,000. This psychiatric practice spans Clallam County, population 50,000. There are 5 elementary schools, two middle schools and one high school in Port Angeles. There are additional schools in the outlying communities of Sequim, Joyce and Clallam Bay. To apply, send resume to: Strait View Psychiatry, 115 E Railroad Ave, #308, Port Angeles, WA 98362.

Certified Nurse Practitioner or Physician Assistant

Full-time, ten month appointment, mid-August through mid-June annually. Member of primary medical care team in ambulatory care clinic. Prescribes medication within prescriptive authority. Develops/presents health and wellness programs. Performs nursing functions as needed. Physician Assistant or Nurse Practitioner with national board certification and appropriate state licenses. Post-training clinical work experience and ability to exercise independent judgment and action also required. Experience in holistic health care, student health services and health education preferred. Review of applications will begin immediately. Send interest letter, resume, salary history and names of three references to: PA/Nurse Practitioner Search, University of Puget Sound, P.O. Box 7297, Tacoma, WA 98407. AA/EOE.

Psychiatric Nurse Practitioner

Seeking qualified and creative applicants for a new full-time position - Psychiatric Nurse Practitioner. This role will provide direct services to inpatients (currently 1-7 per day) and in conjunction with Nurse Managers, guide the continuing evolution and development of staff RNs. Will join multi-disciplinary team as regional Psychiatric Service model continues in design and implementation. Our goal is a milieu for evaluation, diagnosis, and initiation of therapy for appropriate clients, and ongoing case management of clients referred to other institutions.

We are a rural, regional health care facility serving clients in Nome and in the region's 15 villages. Salary DOE. For more information, call 907.443.3311 at Norton Sound Health Corporation, PO Box 966, Nome, Alaska 99762, and ask for Linda Oxley, MSN, RN, Ramzi Nassar, MD or Sharon Booten, MSN.

Nephrology Nurse Practitioner

Group Health Cooperative of Puget Sound is currently seeking a full-time nurse practitioner with skills in nephrology. Full-time position is located at our specialty center in Seattle. Will participate in clinical pathways and assist in development of patient care plans. For information, call Medical Staffing Services at 206.448.6543 or fax CV to 206.448.6191.

Family Nurse Practitioner

Pacific Northwest family practice clinic seeking experienced FNP for full or part-time clinical practice in beautiful island community. Must be able to work independently and effectively in a small, close-knit clinic. Contact Patty Willson, The Langley Clinic, PO Box 137, Langley, WA 98260, phone: 360.221.5272 or fax: 360.221.6949.

Pediatric • Family ARNP

Pediatric and Family ARNP needed by growing clinic, should have ability to work alone at times and possess good diagnostic skills. Clinic is friendly, casual with competitive benefits. Flexible hours. Full-time or part-time. Clinic is open 8 am to 8 pm. Contact: Auburn Children's Clinic, 25 Second St NW, Auburn, WA 98001, phone: 206.939.6541 and ask for Cheryl McGill or Dr Thompson.

Family Nurse Practitioner

Family Nurse Practitioner needed to provide coverage for family practice clinic, 20 to 60 days per year. (Mutually agreeable work schedule.) Call Virginia Hatch at 360.653.4100, Marysville, WA.

Locum Tenens FNP, ANP or WHCNP

Looking for ARNP to provide vacation coverage from June 14 through June 22, 1997 for Women's Health practice. Contact person: Rita Dyer, 206.825.1389. Salary Negotiable. Enumclaw, WA.

Continuing Education

Casting and Splinting Workshop

May 17, 1997. Location: Seattle Pacific University. Provides participants with didactic information on the assessment and management of fractures and a practice session for cast and splint application. \$70.00. For information, call Donna Allis at 206.281.2649.

Infectious Disease Update for the Primary Care Physician

May 21, 1997. Location: Lindsay M Gould Auditorium, Northwest Hospital, Seattle, WA. Time: 4:00-9:00 pm. Fee: \$50 for physicians/\$40 for non-physicians. For further information, contact Educational Services of Northwest Hospital at 206.368.1623.

Pharmacotherapeutics for ARNPs

May 30, 1997. Location: LaQuinta Inn, 1425 27th St E, Tacoma, WA. A variety of pharmacotherapeutic topics of interest to all ARNP specialties will be presented in general and concurrent sessions. Contact Pacific Lutheran University CCNL, phone: 206.535.7683, fax: 206.535.7590 or E-mail: <ccnl@plu.edu>.

2nd Annual Primary Care Mental Health Symposium: "Psychiatric Issues in Primary Care"

June 6-7, 1997. Location: Meydenbauer Center, Bellevue, WA. Topics include psychiatric diagnostics, pharmacology, diagnostic dilemmas, counseling techniques, pain management, special issues in adolescent psychiatry, "doctor"/patient relationships in primary care and more. Target audience: ARNPs, primary care physicians, PAs. Approval pending through WSNA for 14.9 contact hours (including 4.0 pharmacology hours). Primary speakers: John Wynn, MD and David Tauben, MD. For more information or to request a brochure, contact: Orca Healthcare Resources, phone: 206.328.9416, fax: 206.328.9217.

Dermatology

June 11, 1997. Location: Lindsay M Gould Auditorium, Northwest Hospital, Seattle, WA. Time: 4:00-9:00 pm. Fee: \$50 for physicians/\$40

for non-physicians. For further information, contact Educational Services of Northwest Hospital at 206.368.1623.

Reproductive Health '97

November 13-16, 1997. Hyatt Regency Phoenix, Phoenix, AZ. This meeting will be held in conjunction with Planned Parenthood Federation of America and cosponsored by the National Assoc of Nurse Practitioners in Reproductive Health. Lecture style sessions focus on recent advances in cancer prevention & detection, changes in diagnosis of STDs, issues surrounding primary care, new developments in medical abortion & contraception & other issues related to reproductive health. For more information, contact Amy McCormick at 202.466.3825.

Adolescent Reproductive Health '97

November 21-23, 1997. Location: Ritz-Carlton Tysons Corner, McLean, VA. Lecture style sessions focus on the health care needs of teens, adolescent health care challenges, adolescent sexuality, long-acting contraceptives, teens and media, and teens and AIDS. For more information, contact Amy McCormick at 202.466.3825.

Four Graduate and Post Graduate Options at Seattle Pacific University

1. Master's of Science in Nursing, Advanced Clinical Practice, 2. MSN including NP pathways (Adult/Gerontology & Family), 3. Post Master's NP certification courses, 4. FNP Modules for ARNPs - Master pre-

pared. Earn your Master's of Science in Nursing degree at Seattle Pacific University in our evening and weekend program. The newly designed MSN/NP curriculum has condensed to 59 quarter credits totally. In seven quarters, evenings and weekends, you can obtain the MSN/NP degree. Part-time students also have reduced credit requirements and flexible patterns for completion. The MSN-Advanced Clinical Practice Program (45 quarter credits) is a full (one year) or part-time (two year) sequence of courses 1-2 nights a week and 3 Saturdays per quarter. Flexible packaging of courses and individual tailoring of your MSN degree are only a few of the benefits of SPU's Master's of Science in Nursing. For more information, and individualized responses, visit our web site at: <http://paul.spu.edu/health-sciences/msn.html>; call 206.281.2888 or 800.899.1769, write 3307 Third Ave West, Seattle, WA 98119 or E-mail us at: msninfo@spu.edu

Ad Information

Copy deadline is the second Tuesday of the month prior to publication. Ads may be accepted later than this on a space available basis. Position Available Ads & Continuing Education Announcements of less than 66 words are \$45, of 66 to 130 words are \$75 and greater than 130 words are \$105. Position Available Ads are priced per insertion. Continuing Education Announcements are per offering for up to three (3) consecutive insertions. New Product Announcements per product for one insertion of 130 words or less are \$75. Ad Inserts are \$540 for one issue. All ads are subject to space limitations and editing. Call for detailed rate information. Mail copy to *ARNP Care*, 212 Railroad Ave N, Kent, WA 98032. Phone 253.852.9042. Fax 253.480.0002. E-mail care@nurse.net

Please Join Us

You may believe that because this newsletter arrives every month you are a member of ARNPs United. That is wrong. Since 1989 *ARNP Care* has been sent to every ARNP in Washington regardless of membership status. This is in imminent danger of stopping due to a lack of funds. Remember the number of members is what makes an organization strong and credible with the legislature and others. So join us today. Individual memberships are \$150 per year. Lifetime memberships are \$1000. Student currently enrolled in a ARNP program may join for \$50 per year. Make your check out to ARNPs United and mail it to: ARNPs United, 212 Railroad Ave N, Kent WA 98032.

We Regret To Inform You That You Are NOT An ARNPs United Member

Member Thank You!

Thank you for being one of the ARNPs in this state who have joined ARNPs United. Without your support it would not have been possible to have hired a lobbyist and had such a successful legislative session in 1995. It is also clear that without your support the organization would not have been capable of moving forward in developing a solid framework to build on the grassroots efforts of the ARNPs in this state. ARNPs who are not members of ARNPs United have received *ARNP Care* printed on lavender paper to let them know they are not members.

ARNPs United Member Edition