

Advanced Registered Nurse Practitioner Care

Vol. 14, No. 8

Official Newsletter of ARNPs United of Washington State

August 2003

ARNPs United Annual Meeting

Join us on Thurs., October 9, 2003 for ARNPs United Annual Meeting in the Convention & Trade Center, Seattle, WA. The meeting is from 12:15-1:00 pm. Experience the Pacific Northwest's 26th Annual National Conference for Advanced Practice in Primary and Acute Care. All are welcome to attend. We hope to see you there! For more info: Voice: 206.543.1047 Fax:206.543.6953 or uwcne.org or cne@u.washington.edu

Classified Ads

Nurse Practitioner - Certified - Family Medicine

Full-time opening for a nurse practitioner to work at multiple urgent care centers and primary care clinics, with a primary home base 80% of the time in Lakewood, WA. Primary responsibility is to provide quality healthcare to patients of all ages. Flexibility in work location required. Experience in urgent care and family practice is preferred. Candidates must be, or qualified for licensure & certification in Washington State as an ARNP & RN. Competitive salary and comprehensive benefit package. Please send resume to: MultiCare Health System, Provider Services, P.O. Box 5299, Tacoma, WA 98415-0299; Fax 866-264-2818; Email: providerservices@multicare.org. Please visit our website at www.multicare.org.

"Multicare Health System is a drug free workplace"

Nurse Practitioner - Heart Center

Their trust. Your talent. Your life's work.

Giving the best care possible. That's what it's all about. Children's Hospital & Regional Medical Center invites you to join them in addressing the needs of our patients and their families through a family-centered care philosophy. If you dream of doing your best work - your life's work - with children, consider the following:

Provide direct clinical care, case management, education program development, consultation and leadership for our Heart Center patients. Position also provides clinical focus support for cardiac surgery and heart transplant patients as well as clinical back-up for cardiology and EP patients. Master's in Nursing, ARNP license and WA State prescriptive authority/licensure required. Pediatric Nursing and Cardiac experience preferred.

We offer competitive pay and benefits. To apply online visit our Web site at: www.seattlechildrens.org or send your resume to: Children's Hospital & Regional Medical Center, 4800 Sand Point Way NE, PO Box 50020, S-201, Seattle, WA 98145-5020. EOE.

Obesity is the number one health problem that faces the US today

Sound Health Solutions (SHS) is a local medically managed obesity and health-risk management program that provides a safe and effective alternative to weight-loss surgery. Each personalized and comprehensive program consists of physician-supervised nutritional therapy, behavioral therapy and exercise with a personal trainer. Programs provide the support system and framework necessary to teach patients to make long-term lifestyle changes that lead to weight-loss and the reversal or prevention of serious co-morbid illnesses that develop as a result of obesity. SHS does not promote or sell food supplements or meal replacements.

In 1997, two Bellevue-based internal medicine physicians developed the SHS program in order to effectively combat the obesity epidemic. Practitioners generally have little time to address obesity in the office setting, which leaves many obese patients feeling helpless to combat their illness. SHS outcomes-based programs have been highly effective in helping patients reduce or eliminate medication and improve their overall health and quality of life. SHS has gathered data over

the last six years from 300 clients, and results show that as little as a 5% weight loss can prevent or reverse the health problems experience by obese patients, such as diabetes, hypertension, hyperlipidemia, GERD, sleep apnea, back problems and 200 other diseases.

The Microsoft Corporation offers SHS programs as a benefit for qualified individuals. If you have obese patients who are Microsoft employees, they may qualify for coverage under their benefit plan. If you are concerned about a patient's weight, we welcome you to refer them to SHS for a complimentary consultation with one of our physicians. SHS is located in Bellevue and will be opening a second office in Issaquah in September.

For more information, contact Sound Health Solutions: 425.747.6000, info@4shs.com or www.4shs.com

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ARNP

Family Practice office has full/part time position available for a Family Nurse Practitioner. Flexible days and hours. Our office currently has six Physicians and two Nurse Practitioners. Great opportunity for the right person. For further details contact Carlene Ringius at 360-452-7891. You may send a cover letter and resume to Family Medicine of Port Angeles, 303 W 8th St., Port Angeles, WA 98362.

Clinic Space In Bellevue

Looking to start your own practice? Sub-lease space at Integrative Medicine. Join with an ARNP, ND, and LAc to truly offer the best of integrated medicine. 2-3 days/week available. Contact Janile Martin at Integrative Medicine, 1601 116th Ave. NE, Bellevue, WA 98004, 425-454-8541, drjanile@integrativemedicine-bellevue.com.

CE Opportunities

Healing Touch Level 1

Date: September 19-21, 2003 **Description:** (Fri. 7-10, Sat. 9-6, Sun 9-5) This is a continuing nursing education program for nurses, health professionals, and individuals desiring an in-depth understanding and practice of energy based approach to health and healing. 20 CEU **Where:** Shoreline CC. Instructor: Keela Marshall, RN, ARNP, CHTP/I (206) 545-7387 kwellness@eathlink.net

Advances in AMI Care: Acute Management and Secondary Prevention

Date: September 29, 2003 **Description:** This one-day conference will bring together experts in the clinical management of acute myocardial infarction (AMI) and secondary prevention of coronary artery disease to provide participants an update on advances in the acute care of patients with AMI and secondary prevention. The information presented will enable healthcare providers to optimize the care of AMI patients. **Where:** Doubletree Hotel, SeaTac Airport **Cost:** \$85. Additional funding is provided by the Centers for Medicare & Medicaid Services. Registration: www.qualishealth.org For more information

contact Rosa Johnson at Qualis Health, 206.364.9700, ext. 2142. Continuing education credits pending for physicians, nurses, and pharmacists.

Women's Healthcare Conference

Date: October 17, 2003 **Description:** Sheraton Hotel & Towers, Seattle. Registration Fee: \$100 for nursing - 7.2 approved nursing hours for brochure contact: Jeri.Sackett@Providence.org or 425-261-3690

Nurse Foot Care Training Program

Date: November 7 & 8, 2003 **Description:** A comprehensive foot care seminar will be held at the Providence Campus of Swedish Hospital in Seattle. The seminar is sponsored by the Washington State Podiatric Medical Association and includes 16 hours of classroom and an optional 16 hours of clinical in-office exposure. For more information, check the link on our website wspma.org or contact: Susan K. Scanlan DPM, Nwpodiatry@wspma.org, 1.866.343.6999, PO Box 1183, Winthrop, WA 98862

19th Annual Infectious Disease Conference

Date: December 11-13, 2003 **Description:** Four Seasons Olympic Hotel, Seattle. Registration Fee: \$350 (includes 3 breakfasts, 2 lunches, breaks and syllabus). 16.5 CEU's. For further information Fax: 425-261-3695 or Jeri.Sackett@Providence.org

Ad Information

Copy deadline is the second Tuesday of the month prior to publication. Ads may be accepted later than this on a space-available basis. Position Available Ads & Continuing Education Announcements of less than 66 words are \$45, of 66 to 130 words are \$75, and greater than 130 words are \$105. Position Available Ads are priced per insertion. Continuing Education Announcements are per offering for up to three (3) consecutive insertions. New Product Announcements per product for one insertion of 130 words or less are \$75. Ad Inserts are \$540 for

one issue. All ads are subject to space limitations and editing. Call for detailed rate information.

Mail copy to ARNP Care, 10024 SE 240th St, #102, Kent, WA 98031. Phone 253.852.9042. Fax 253.852.7725. Email care@nurse.net.

ARNPs United of WA State

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Healthy Humor

Q: How can you stop an elephant from charging?

A: Take away its credit card!

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