

Advanced Registered Nurse Practitioner Care

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Official Newsletter of ARNPs United of Washington State

March 2002

ARNPs United in Olympia

by Marty Couret

On February 27th ARNPs United testified in favor of 2nd SSB5797. This bill would allow ARNPs to sign the accident report and the time loss forms for L&I. ARNPs from across Washington were well represented by David Kanters (Port Angeles), Ron Young (Marysville), and Catherine Spanton (Royal City). This group of ARNPs superbly described the injustice of having to pay for the signature of an MD when an ARNP performs the exam, diagnoses, treats, bills, and is paid by L&I. What seemed to be a quick fix turned into quite the challenge with the Association of Washington Businesses (AWB) fighting the bill. The AWB cites increasing costs, despite the fact that ARNPs get paid 10% less than physicians. Nonetheless, this bill was voted out of the labor committee into Rules with a vote of 6 to 1 in our favor. Thanks to the hard work of the ARNPs United lobbyist Jerry Farley, it made it through without any amendments. ARNPs United would like to thank these members for their assistance.

ARNPs United Dinner

AUWS is having an evening of education and information sponsored by Pzifer, Inc. on April 24th at the Rainier Golf and Country Club. There will be a discussion on Allergy and Asthma by Eric Gershwin, MD. Come meet ARNPs from all over WA and discuss the future of ARNPs United over dessert.

Who: Non-Members and Members of ARNPs United

When: April 24th, 6:30 Arrival, 7:00 Dinner

Where: Rainier Golf and Country Club, 1856 South, 112th, Seattle, WA 98168

RSVP: Rick Shigaki: 206.282.2468

Directions: West 518 past Airport, exit Des Moines Memorial Drive S., turn right, turn left on South 112th.

Washington State Chapter of NAPNAP

2001 was a successful year for the Washington State Chapter of NAPNAP (National Association of Pediatric Nurse Practitioners).

The Chapter was recognized at the 2001 NAPNAP national conference when we were selected as "Small Chapter of the Year" by our 48 fellow NAPNAP Chapters. Former president Susan Kline was selected as the Chapter's 2001 Distinguished Member for her work with homeless children in Seattle, her advocacy for children and PNPs, and her involvement in the Chapter.

We had an 8% growth in membership in 2000-2001 and saw increased participation by the members in committee work. In April we had a continuing education con-

ference that was given positive reviews by those attending. This year's annual conference was held March 6, 2002.

We partnered with the SIDS Foundation to staff a booth at the WAEYC (WA Association for the Education of Young Children) Conference. This was an opportunity to provide information on SIDS prevention as well as talk about pediatric nurse practitioners and what we do. Past President Donna Zimburean represents the Chapter and PNPs on the Washington State Vaccine Advisory Commission and Barbara Schneider represents us on the Washington State Immunization Action Coalition and serves as co-chair of the Health Care Provider committee.

The Chapter has been active legislatively. A large percentage of the members are on our Legislative Alert Email list. This was activated several times during the 2001 Washington State legislative session and also in response to national legislative issues. Chapter members sent over 300 faxes to members of our state congressional delegation advocating the inclusion of nurse practitioners as primary care providers in the pediatric section of the Patient Bill of Rights legislation. Several members also met with their Senators or Representatives to educate them about this issue. Legislative Chair Nancy Chandler has been our representative on the ARNPs United of WA State legislative committee. We also made a donation to the Nurse Practitioner National Marketing Campaign.

The Chapter has been an affiliate member of ARNPs United of WA State since AU was formed. We voted to support AUWS by contributing 25% of Chapter dues to ARNPs United of WA State lobbyist. Nancy Gow Knudsen is our current PNP representative to AUWS' Executive Board. You can get current information on the Chapter on our web site: www.nurse.org.wa/napnap. Thanks to NP Central for hosting our web site.

Cathryn Wright, NP Receives Legislative Advocacy Award at ACNP Summit

The American College of Nurse Practitioners (ACNP) is pleased to announce that the 2002 Margie Koehler Legislative Advocacy Award, recognizing a commitment to ACNP's legislative priorities and outstanding political and legislative leadership, has been awarded to Cathryn Wright, NP, of Lafayette, Louisiana. The Koehler Legislative Advocacy Award was presented to Wright at the ACNP National NP Summit in February.

Wright, an NP for more than twenty years, has been a leader and innovator for the nurse practitioners in her home state of Louisiana for most of that time. She is

supportive of her NP colleagues and encourages all NPs to become involved with their legislators. Wright's experience in speaking with legislators and visiting the halls of the Louisiana state legislature over the years were put to the test in the most recent legislative session, when the Louisiana Association of Nurse Practitioners lobbied their state legislature on the removal of barriers, resulting in the passage of a total of eight legislative bills in 2001.

Also this past year, Wright developed a legislative action plan for use by the members of ACNP across the country, called the *ACNP Public Policy Toolbox*. The Toolbox, an online resource found on the College's website, includes tools for NPs to help establish a comprehensive revamping of state legislation to benefit the profession, sample letters, and tips for communicating with legislators. The Toolbox has improved ACNP's and its member affiliates' ability to share information and operate as a team, and has positively influenced the attempt to remove practice obstacles. Wright, who also serves on the ACNP's Board of Directors as a State Affiliate Representative, is beginning her appointment as the new Chairperson of the ACNP Public Policy Committee. Among her many honors, Wright has been awarded: the 2001 *Nurse Practitioner of the Year Award* at the National Conference for Nurse Practitioners; the 2001 Nurse Week South Central States Nursing Excellence Award Finalist for Advancing the Profession; and was a Grantee, Community Health Training Program of Vanderbilt University.

You've Paid Your Dues and Now It's Time for Some Sweat Equity!

ARNPs United is looking for volunteers that will be attending the UW Pharmacology Series to put up the AUWS booth and stand next to it explaining the benefits of membership during the breakout sessions. Preferably it would be someone already going to the CE at the Shoreline Center. For those interested, please contact Marty Couret at au-voln@nurse.org.

The CE dates are below:

4/9 Geriatric Drug Therapy

5/14 Womens Health Drug Therapy

6/14 Neuropsychotropic Drug Therapy 2002

ePocrates in Your Palm

By far the most popular free program among clinicians is ePocrates Rx. ePocrates Rx is a medication database similar to your drug book of old, just easier to use and faster. ePocrates Rx provides dosage, drug/drug interactions, contraindications, and approximate costs for most medications. All this information is available at the poke of a stylus. This handy program will also run a multicheck for interactions between many medications.

This is convenient for the question, "Will this interfere with my other medications?"

The next program, ePocrates ID is an infectious disease reference designed for your PDA. This Sanford-like guide is simplicity at its finest providing both specific and empiric treatments of disease. Proper treatment is quickly discerned with the option of searching by location affected, by bug, or by drug.

For more information go to: www.epocrates.com.

Wanted
1200 NPs to Support
the
National NP Marketing Campaign!
Donate \$100 Today
Send Your Donation To:
PO Box 1375
Water Mill, NY 11976.
Get more information at www.nurse.net/mc

Classified Ads

ARNPs

This is an excellent opportunity to join a team of caring professionals. Pierce County is looking for ARNPs with psychiatric and medical specialties to fill positions available in the Regional Support Network. The Pierce County RSN is highly regarded throughout Washington State and the nation; the facility houses the county crisis system, and the inpatient unit has had a strong presence in the community for over a century. We offer competitive salary and excellent benefits. For more information please contact Kathie Lybecker at 253.798.6153 or visit our website at www.co.pierce.wa.us/jobs.

ARNPs

Olympic Mental Health Associates, a small, intimate, multidisciplinary group of PhDs, MSWs and MDs is looking to round out our services with a psychiatric nurse practitioner with prescriptive authority. We do not offer a salaried position but rather an opportunity to open a completely self-controlled psychiatric practice. The numbers of clients that are regularly turned away reflect the high demand for such services, and guarantee a quickly building practice. The cost sharing arrangement for payment of rent, secretarial, and billing services strikes the best balance between the cost of business and the cushion of support that makes a private practice comfortable; you can focus on your psychotherapy and medication management with a minimum of administrative hassles. The longstanding association of even-tempered, diverse, and skilled colleagues ensures a warm and rewarding working arrangement. The size of our group embodies a comfortable niche that avoids the isolation of a solitary practice and the loss of autonomy of a larger organization. Our location reflects the strengths of our group, nestled between a ferry ride to the

urban diversity of Seattle and a quick road trip to the serenity of the Olympic forests. Our office is within quick walking distance from the ferry. Please call or send CV to William Cagle, M.D., 237 6th Street, Bremerton, WA, 98337, 360.377.0181.

ARNP for Women's Clinic

Nurse Practitioner wanted for busy women's clinic in beautiful downtown Seattle. Needs ARNP for 1-2 days/wk. Must be comfortable with IUD insert and removal, annual exams, abnormal paps, STD testing, family planning, and birth control. Abortion follow-up experience helpful. Fax resume and cover letter to 206.625.1910.

Regional Director of Clinician Services - ARNP

PPWW has built a reputation for the highest standards in reproductive healthcare, and advocate for Choice. PPWW is recruiting for candidates who share our pursuit of professionalism and support of the Mission. This is a great employment opportunity for a highly skilled enthusiastic individual to co-lead the clinician care within 17 clinic sites throughout Western WA. Qualified applicants will have strong creative and strategic thinking abilities, knowledge of global trends in nursing management, recruitment and retention as well as quality improvement and demonstrated knowledge of scope of practice rules and regulations. Exceptional leadership, interpersonal, communication, teambuilding, coaching and motivational skills needed to provide leadership to the ARNP staff. Completion of an accredited NP school, prescriptive authority, & current WA State licensure required.

The applicant selected for this position may be eligible for a \$5,000 sign on bonus.

To apply, submit your cover ltr/resume by March 31, 2002, to (206) 328-6818; Email jobs@ppww.org; or Mail to PPWW/HR, 2001 E. Madison, Seattle, WA 98122. PPWW offers an excellent salary and benefit package. Learn more about us, www.ppww.org. EOE.

ARNPs

PPWW has built a reputation for the highest standards in reproductive healthcare, and advocate for Choice. PPWW is recruiting for candidates who share our pursuit of professionalism and support of the Mission We are seeking ARNPs to provide quality patient care to compliment our reproductive healthcare team. We have several opportunities to work PT/FT/Per Diem in our 17 Western WA clinics. Must have current WA State RN & ARNP (WHNP, FNP, Adult NP, or CNM) licenses, prescriptive authority, & 1+ yr women's health care experience pref. To apply, fax your cvr ltr/resume to (206) 328-6818; email jobs@ppww.org, or mail to PPWW/HR, 2001 E. Madison, Seattle, WA 98122. Toll-free Jobline 1-866-PPWW-JOB. PPWW offers a solid benefit package. www.ppww.org. EOE.

CE Opportunities

The Center for Health Training hosts the 31st Annual Reproductive Health Conference

March 25-27, 2002, The Center for Health Training hosts the 31st Annual Reproductive Health Conference at West Coast Grand Hotel in Seattle: This annual update for nurses in advanced practice focuses on current reproductive health clinical issues including contraceptives, HIV, HPV and other STIs, gynecological oncology and male reproductive issues as well as

relevant clinic management issues. For further information about conference fees as well as continuing education please contact The Center for Health Training, 1809 7th Avenue, Suite 400, Seattle, WA 98101, Phone: 206.447.9538, FAX 206.447.9539, Website: www.centerforhealthtraining.org.

Geriatric Drug Therapy

April 9, 2002, at Shoreline Conference Center in Seattle. Sponsored by the UW CNE. This annual update for nurses in advanced practice focuses on current recommendations in drug therapy for geriatric health problems. [8 contact hrs; 6.5 clock hrs. Single day: \$160 indiv/\$145 group rate]. For further information, please see contact information in law ad below.

Psychopharmacology Seminars

April 18-19, 2002, Bellevue, WA (Best Western Bellevue Inn); May 2-3, 2002, Pasco, WA (DoubleTree Hotel); May 9-10, Spokane, Washington (WestCoast Ridpath). **For the first time in Washington!** Dr. Robert Julien, acclaimed teacher and author of the best-selling textbook, *A Primer of Drug Action*, 9th edition, presents a comprehensive 2-day course on psychopharmacology. Day One: Psychotherapeutic Drugs. Day Two: Drugs of Abuse. Earn 14 hours of credit (7 hours each day). Topics include: Day #1: Sedatives, anti-manic drugs, antipsychotic drugs, antidepressants, child & adolescent psychopharmacology. Day #2: Alcohol, GHB, inhalants of abuse, cocaine, amphetamines, opioid narcotics, marijuana, and psychedelics. For more information or to register on-line, visit our web site, www.drjulien.com. To request a brochure, call Becky Julien at 503-805-0023 or send an e-mail to Becky@drjulien.com.

Advances in Treating Rheumatic Diseases

May 1, 2002, at Shoreline Conference Center in Seattle. Sponsored by the UW CNE This biennial conference explores new approaches to the assessment and management of rheumatoid arthritis, osteoarthritis and other rheumatic disease. [7 contact hrs. Single day: \$160 indiv/\$145 group rate]. For further information, please see contact information below.

Rituals for Grief & Joy

May 3, 2002, 6:30 pm to 10 pm., Sunset Hill Community Center. 206.781.0839. Learn rituals and new energy tools for grieving, de-stressing, and feeling JOY. Elaine Childs Gowell, PhD. Fee: \$35.00 by March 15; \$65 by April 15th; \$95 after. (3.9 WSNA CEU). Send fees to: 4702 Aurora Ave. N., Seattle, WA 98103.

Women's Health Drug Therapy 2002 Clinical Pharmacology Series

May 14, 2002, at Shoreline Conference Center in Seattle. Sponsored by the UW CNE. This annual update for nurses in advanced practice focuses on current recommendations in drug therapy for women's health problems. [8 contact hrs. (6.5 clock hrs) Single day: \$160 indiv/\$145 group rate]. For further information, please see contact information below.

Adult Drug Therapy 2002 Clinical Pharmacology Series

May 21, 2002, at Shoreline Conference Center in Seattle. Sponsored by the UW CNE. This annual update for nurses in advanced practice focuses on current recommendations in drug therapy for adults. [8 contact hrs. (6.5 clock hrs) Single day: \$160 indiv/\$145 group rate]. For further information, please see contact information below.

University of Washington, CNE, Contact Info
Sheila Keener, BSN, RN, Continuing Nursing Education,
University of Washington, Box 357260, Seattle, WA 98195-
7260, 206.543.1047, fax: 206.543.6953, web: uwcne.org

Ad Information

Copy deadline is the second Tuesday of the month prior to publication. Ads may be accepted later than this on a space-available basis. Position Available Ads & Continuing Education Announcements of less than 66 words are \$45, of 66 to 130 words are \$75, and greater than 130 words are \$105. Position Available Ads are priced per insertion. Continuing Education Announcements are per offering for up to three (3) consecutive insertions. New Product Announcements per product for one insertion of 130 words or less are \$75. Ad Inserts are \$540 for one issue. All ads are subject to space limitations and editing. Call for detailed rate information. Mail copy to *ARNP Care*, 10024 SE 240th St, #102, Kent, WA 98031. Phone 253.852.9042. Fax 253.480.0002. Email care@nurse.net.

Healthy Humor

Q: What has four legs, is big, green, fuzzy, and if it fell out of a tree would kill you?
A: A pool table.

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