

# Advanced Registered Nurse Practitioner Care

Vol. 12, No. 3

Official Newsletter of ARNPs United of Washington State

March 2001

## Legislative Update

by Jerri Henry ARNP

**SB 5794: ARNP may complete report for Guardianship Proceedings.** Testimony 2/19/01 by Sally Plumly, ARNP and Jerri Henry, ARNP to Senate Health & Long Term Care Committee. No opposition. Favorable questions from committee members. Bill passed the Senate Health & Long Term Care Committee; referred to Rules. Companion bill is HB 1920- Testimony by Jerri Henry & Jerry Farley 2/22/01 to the House Judiciary Committee; bill passed to Rules.

**SB 5795: ARNP may sign Disability Parking Permits.** Testimony 2/19/01 by Jerri Henry, ARNP and Jerry Farley to Senate Health & Long Term Care Committee. No opposition. Bill passed the Senate Health & Long Term Care Committee; referred to Rules.

**SB 5796: Independent Prescriptive Authority.** No testimony as the Bill was pulled from receiving a hearing as scheduled on 2/19/01 due to the agreement 2/15/01 by the Tripartite Committee (Nursing Quality Assurance Commission, Medical Quality Assurance Commission and Board of Osteopathy) on Draft Language for Rule Writing for Controlled Substances. Jerri Henry went on record thanking Senators Deccio and Thibaudeau for sponsoring this bill and that ARNPs United will be awaiting final results of the Rule Writing Process. These same Senators have agreed to keep this bill on hold until the results of the Rule Writing Process is known.

**SSB 5797: ARNP authorization to examine and treat injured workers covered by L&I** Testimony by Mike Gregory ARNP, Ron Young, ARNP and Jerry Farley 2/19/01 to Senate Health & Long Term Care Committee. Neutral testimony: Dr. Gary Franklin, Medical Director of L&I. Opposition testimony by AWB (Assoc WA Business) and WA Self Insurer Association Testimony Against: Businesses oppose the bill because ARNPs are not physicians and over-utilization of health care will occur. Existing problems in workers' compensation coverage would be exacerbated. Industrial insurance is different than health care. A higher-level training of physicians is needed to act as appropriate gatekeepers in these cases.

Comments: Overall, a surprise victory for ARNPs. Support from all Senators except Linda Parlette. Poor arguments from opposition who did not know much about ARNP licensure or scope of practice. Senators saw through the "turf war"; argued to the opposition about lack of primary care doctors, the fact that health care is needed across the state; chiropractors can complete L&I forms on limited basis; ARNPs already do same ex-

ams/reimbursed by insurance for similar conditions not under an L&I claim

End result: Committee commissioned Dr. Franklin from L&I to propose new language into the bill cleaning up some minor language issues and present it to ARNPs United of Washington State through Jerry Farley. The Board of ARNPs United agreed to this amended language which would include training for ARNPs and new physicians through L&I only on the issue of the completion of time loss ratings. Bill passed the Senate Health & Long Term Committee and was referred to Rules.

## Rule Writing for Prescriptive Authority

by Jerri Henry and Steve Felton

This is the current proposal of Draft Language to implement SB 5805 passed one year ago giving ARNPs the ability to write scripts for Controlled Substances Class II-IV under a Joint Practice Arrangement. The Department of Health held a joint hearing with representatives from the tripartite committee responsible for writing the Rules (Boards of Nursing, Medicine and Osteopathy) on 2/15/01. After public testimony that largely favored a previous Draft #2, the reps from the three Boards agreed to this language. To summarize, the draft rules allow an NP and MD/DO(s) to establish a joint practice agreement. The nature of their agreement is completely up to them, and could range from strict oversight of prescribing schedule meds through mere consultation as needed by the NP. If these rules as written prevail then NPs will have won a big victory. The Boards of Nursing and Medicine meet independently on Mar 9, and Osteopathy meets Mar 31. If they adopt Draft 3 unchanged it goes for public hearings for another 30 days prior to the next round of hearings. If still intact the rules could take effect as early as June or July. One MD on the panel agreed to the draft reluctantly, so she may not be able to recommend that the Medical Quality Assurance Commission adopt the rules. However, the rest of the medical commissioners, as well as WSMA, favor the current language.

## Third Draft 2/15/01

### 246-XXX-010 How do advanced registered nurse practitioners qualify for prescriptive authority for Schedule II IV drugs?

Applicants must:

- (1) Hold a valid and unrestricted registered nurse license.
- (2) Hold or be eligible for an advanced registered nurse practitioner license with authority for legend drugs and Schedule V drugs. (See also WAC 246-840-410). As noted in 18.79.250 RCW, each advanced reg-

istered nurse practitioner prescribes within his or her scope of practice for a particular license specialty.

(3) Have a joint practice arrangement that meets requirements of 020 with a physician or physicians licensed under 18.71 RCW or 18.57 RCW who holds license without restrictions related to prescribing scheduled drugs.

(4) Submit a completed application form for Schedule II-IV endorsement on a form provided by the Department of Health, Nursing Care Quality Assurance Commission accompanied by a fee as specified in WAC 246-840-990.

#### **246-XXX-020 Criteria for joint practice arrangement**

(1) The names of both the licensed advanced registered nurse practitioner and the licensed physician, both license numbers and both practice addresses.

(2) A written agreement that describes how collaboration will occur between the practitioners.

(3) The description of the collaboration will vary according to the relationship between the advanced registered nurse practitioner and physician, but must include a description of:

- (a) When the advanced registered nurse practitioner will consult with a physician
- (b) How consultation will occur (e.g. face-to-face, phone, fax, e-mail, etc.);
- (c) How consultation will be documented.

(4) Joint practice arrangements may be made with more than one physician.

#### **WAC 246-XXX-030 Endorsement of Joint practice arrangements for ARNP licensure.**

(1) The joint practice arrangement shall be submitted by the advanced registered nurse practitioner to the Department of Health, Nursing Care Quality Assurance Commission at the time of initial licensure or endorsement and biennially with renewal.

(2) A notice of the joint practice arrangement shall be forwarded by the Nursing Care Quality Assurance Commission to either the Medical Quality Assurance Commission or to the Board of Osteopathic Medicine and Surgery for review to assure the physician's license is unrestricted. The Medical Quality Assurance Commission or the Board of Osteopathic Medicine and Surgery will notify the Nursing Care Quality Assurance Commission in the event a physician who has signed a joint practice arrangement, has a license with restrictions related to prescribing schedule drugs.

(3) The advanced registered nurse practitioner can only begin prescribing Schedule II-IV drugs after his or her license endorsement has been issued and he or she has obtained the appropriate Drug Enforcement

Administration registration.

#### **WAC 246-XXX-040 Process for joint practice arrangement termination**

(1) Either the physician or advanced registered nurse practitioner may terminate the joint practice arrangement by providing the Nursing Care Quality Assurance Commission and the other party with 30 days written notice. Once the joint practice arrangement is terminated the advanced registered nurse practitioner must submit a new joint practice arrangement before resuming prescribing Schedule II-IV drugs.

(2) The Nursing Care Quality Assurance Commission will notify either the Medical Quality Assurance Commission or the Board of Osteopathic Medicine and Surgery that the joint practice arrangement has been terminated.

(3) A joint practice arrangement may be terminated as a result of disciplinary action taken by a disciplinary authority.

(4) In the event either the advanced registered nurse practitioner or the physician is disciplined, the disciplinary authority for the other party will be notified that the joint practice arrangement no longer exists due to disciplinary action.

(5) If an advanced registered nurse practitioner has multiple approved joint practice arrangements and one is terminated, he or she may continue to prescribe Schedule II-IV drugs under the other joint practice arrangement(s).

#### **WAC 246-XXX-050 72 hour limit**

(1) Advanced registered nurse practitioners can dispense up to a seventy two (72) hour supply of Schedule II-IV drugs.

(2) The 72 hour limit on dispensing does not apply to prescribing Schedule II IV drugs.

#### **WAC 246-XXX-060 Education for prescribing Schedule II-IV drugs**

Special education for advanced registered nurse practitioners is strongly recommended in the areas of pain management and drug seeking behaviors and/or addiction. Continuing education credit in these subjects may be applied to the biennial pharmacotherapeutics requirement found in WAC 246-840-450.

#### **WAC 246-XXX-070 Jurisdiction**

Nothing in WAC 246-XXX-010 through 246-XXX-060 shall be interpreted as giving a disciplining authority jurisdiction over a practitioner not licensed by that commission or board.

## ***ARNPs United of Washington State***

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March 2001

Greetings:

**If you are a *current member*** of ARNPs of Washington State we would like to thank you for your support. We have enclosed a membership application in this publication of *Care*. Instead of recycling this application, I request that you **give this application to someone who is not** yet a member of our organization. We would like to involve Nurse Practitioners throughout Washington State in ARNPs United of Washington State's educational, legislative, and networking activities.

**If you are *not a member*** of ARNPs United of Washington State I would like to tell you about the special privileges and benefits that you are entitled to by joining. But first let me say why **this is such an important time for you to join**. A growing membership in *ARNPs United of Washington State* accomplishes a number of things. Our members actively participate and support many activities that give visibility to our work — whether it is participating in the legislative process to remove barriers to ARNP practice, or joining in at our annual symposium addressing ARNP clinical practice issues.

Citizens all around our country see our movement is strong and growing. We are really proud of the fact that **due to our efforts during the 2000 Legislative Session our state Congress passed the Prescriptive Authority Bill, and bills allowing Authority to sign Death Certificates, and ARNP prescriptions accepted by the schools**. It never would have happened without the broad-based membership from *ARNPs United of Washington State*.

**Part of the membership dues goes directly to support our professional lobbyist**. Having a lobbyist in Olympia has been one of our most successful endeavors to promote independence of Nurse Practitioners and to address statewide clinical practice issues.

Now let me tell you what is in store for you as a member. First, as I mentioned **you will receive a monthly newsletter**. In it you will be kept up to date on all the membership activities as well as the latest news from headquarters. You will be invited to participate in our special meetings and seminars. You will automatically receive publications from our national affiliate the *American College of Nurse Practitioners*. Membership will require very little on your part. **You can involve yourself, as much as you wish**, but essentially you are lending you name and voice to a movement that is critical to the Nurse Practitioners.

**Please take just a moment now while my invitation is before you to become a member today. Fill out the enclosed membership form and mail it back to ARNPs United of Washington State**. Let me restate the fact we need your act of membership to build upon our past successes and continue our momentum for the future.

I look forward to welcoming you as the newest member of *ARNPs United of Washington State*.

Sincerely,

*Jerri Henry, ARNP*  
Jerri Henry, ARNP

# Join ARNPs United Of Washington State Today! Working Hard For You

## Successes

Three bills passed in the 2000 Legislative session:

- Completion of Prescriptive Authority Bill
- Authority to sign Death certificates
- ARNP prescriptions accepted by school nurses

## Current Legislative Agenda

- L&I Independent Medical Examination
- Authority to complete written documentation for Guardian-ad-Litem
- Regulatory changes regarding signing off Metro passes, misc. licenses

## Action plan

- Participate in legislative process designed to remove barrier to ARNP practice.
- Coordinate activities and efforts among ARNPs and across specialty groups.
- Implement and integrate e-mail communication systems among ARNPs in Washington State.
- Hold annual Clinician Symposium to address ARNP clinic practice issues.
- Act as a liaison for ARNPs to the Washington State Nurses Association, other disciplines and community groups.

## Membership Benefits

- Our own professional lobbyist working on legislation that affects and benefits you.
- Affiliate member of ACNP (American College of Nurse Practitioners).
- Up to date, and informative monthly newsletter *ARNP Care*.
- ARNPs United of Washington State active web site.
- Central office for information exchange.
- Everyone invited to become actively involved in ARNPs United of Washington State leadership positions and Legislative Committee.

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I am interested in joining ARNPs United of Washington State

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Day Phone: \_\_\_\_\_ Practice Specialty: \_\_\_\_\_

Email: \_\_\_\_\_

### Please check all that apply:

- |  |  |
|--|--|
| <input type="checkbox"/> Life time Membership \$1000         | <input type="checkbox"/> Individual Membership \$150 per year  |
| <input type="checkbox"/> Affiliate Membership \$100 per year | <input type="checkbox"/> Student Membership \$50 per year<br>(Reduced fee for an active member of another Washington ARNP professional organization) |
| <input type="checkbox"/> Donation for ARNPs United           | <input type="checkbox"/> I'm not sure contact me with more information   |
| <input type="checkbox"/> Can not join at this time           |  |

**Make checks payable to ARNPs UNITED of Washington State**  
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### Emergency Contraception Over the Counter?

The Women's Capital Corporation, recently proposed two safety studies to FDA with the intent to make Plan B emergency contraception (EC) available over the counter. Plan B is a progestin only EC. It is known to have significantly less side effects than estrogen/ progestin combination EC. Currently, this medication and other EC is available without a prescription from appropriately trained pharmacists in Washington state. Not needing a prescription could prevent thousands of unintended pregnancies in the United States.

For more information about EC go to:  
<http://www.nurse.net/clinical/gyn/ec/ocs.for.ec.shtml>

For the latest in EC news go to:  
<http://ec.princeton.edu/news/>

### Cell Phones Not Correlated with Cancer in Nationwide Cohort Study

The Journal of the National Cancer Institute released an article last month on the incidence of cancer among cellular telephone users. 42,000 Danish cell phone users were found to have no statistically significant greater risk of cancer. The risk for these cancers also did not vary by the amount of time, age, or type of cell phone used. The conclusion of this cohort study is that there is no support of the claims that cell phones are increasing the incidence of brain tumors.

For the abstract go to:  
<http://www.jnci.oupjournals.org/cgi/content/abstract/93/3/203>

Journal of the National Cancer Institute, Vol. 93, No. 3, 203-207, February 7, 2001

### Classified Ads

#### Nurse Practitioner or Physician Assistant Wanted

University of Puget Sound

FT, 10-month appt; mid-August through mid-June annually; schedule includes some regular evening and occasional weekend hrs. Works as an integral and collaborative member of a primary medical care team serving University students in an ambulatory care setting, within the scope of training and licensing. Sees students for evaluation, diagno-

sis, treatment and management of general medical problems. Arranges for diagnostic procedures with clinic physicians or outside medical facilities. Utilizes prescriptive authority to prescribe medications. Leads in the development/maintenance of health and wellness programs and outreach to the campus community. Nurse Practitioner or Physician Assistant with national board certification and appropriate and current state licenses. Post-training clinical work exp; strong verbal and written communication skills; and ability to exercise independent judgment and action. Exp in holistic health care, student health services, and health education programming and outreach preferred. A review of applications will begin immediately and the search will remain open until the position is filled. To apply, submit interest letter, resume, salary history, and names of three references to: Nurse Practitioner/PA Search, University of Puget Sound, P.O. Box 7297, Tacoma, WA 98406. An equal opportunity, affirmative action educator/employer.

#### ARNP Wanted

Busy cardiology practice is looking for part time ARNP to run CHF clinic, and work general cardiology in Kennewick, WA office. Ideal candidate must have ARNP experience and preferably an Acute Care background, strong assessment and diagnostic skills, work well independently, and possess excellent communication skills. A cardiology and/or internal medicine background would be preferable. Please send cover letter & resume to: Linda Marriott, ARNP c/o Inland Cardiology Assoc., 122 7th Ave. #450, Spokane, WA 99204 or Fax (509) 459-0424

#### Breast Health Center ARNP

State of the Art Breast Health Center on Eastside seeking motivated and experienced ARNP to join radiology professional group practice. Primary responsibilities include patient assessment, education and treatment in a multidisciplinary environment. Please submit resume to D. Gibson, Overlake Imaging Associates, P.C., 800 118th Ave. NE, Suite B, Bellevue, WA 98005

### CE Announcements

#### New Faces of Insomnia

**ARNPs United of Washington State** will be sponsoring their 1<sup>st</sup> dinner CE program this Spring in Spokane, WA on April 5<sup>th</sup>. Carla Hellekson, MD, FAPA will be speaking on the New Faces of Insomnia. The presentation includes dinner at 6:30 pm with the talk starting at 7:00 pm. It is being held at the Doubletree Hotel, Spokane City Center, 322 N. Spokane Falls Court, Spokane WA 99201. This event is made possible through an unrestricted educational grant from Pharmacia. There is no charge for dinner or CE credits. 1.2 CEUs are being granted for this presentation. Cosponsored by the Nurse Practitioner Group of Spokane. The program is being coordinated by Phyllis Zimmer and Fiona Shannon. RSVP required. Fax to 360.297.7688 or email [fionafnp@amouse.net](mailto:fionafnp@amouse.net). For more information call 360.297.7660. There are two additional CE programs being planned for other sites this spring.

#### Pharmacological Management & Indications for Schedule 2, 3 and 4 Hypnotics, Anxiolytics and Stimulant Medication

Five hours of continuing education on pharmacological management and indications for schedule 2,3 and 4 hypnotics, anxiolytics and stimulant medication will be offered on April 27<sup>th</sup> 12:30-5:30 pm in Federal Way. Sponsored by the Association of Advanced Practice Psychiatric Nurse Practitioners. \$75 if registered before March 15<sup>th</sup>, \$85 if registered by April 10<sup>th</sup>. Call 206.524.4090 or 888.308.7336 for more information.

#### Clinical Pharmacology Series-2001

This annual update for nurses in advanced practice focuses on current recommendations in drug therapy in the primary care setting. For further information call 206-543-1047, email [cne@u.washington.edu](mailto:cne@u.washington.edu) or web access at [www.uwcne.org](http://www.uwcne.org)

**March 3, 2001**, Neonatal Drug Therapy, Warren G. Magnuson Health Sciences Center, UW, Seattle

**April 4, 2001**, Pediatric Drug Therapy, Shoreline Conference Center, Seattle, WA

**April 10, 2001**, Geriatric Drug Therapy, Shoreline Conference Cen-

ter, Seattle, WA

**May 1, 2001**, Women's Health Drug Therapy, Shoreline Conference Center, Seattle, WA

**May 22, 2001**, Adult Drug Therapy, Shoreline Conference Center, Seattle, WA

**June 15, 2001**, Neuropsychotropic Drug Therapy, Shoreline Conference Center, Seattle, WA

**Ad Information**

**Copy deadline is the second Tuesday of the month prior to publication.** Ads may be accepted later than this on a space-available basis. Position Available Ads & Continuing Education Announcements of less than 66 words are \$45, of 66 to 130 words are \$75, and greater than 130 words are \$105. Position Available Ads are priced per insertion. Continuing Education Announcements are per offering for up to three (3) consecutive insertions. New Product Announcements per product for one insertion of 130 words or less are \$75. Ad Inserts are \$540 for one issue. All ads are subject to space limitations and editing. Call for detailed rate information. Mail copy to *ARNP Care*, 10024 SE 240<sup>th</sup> St, #102, Kent, WA 98031. Phone 253.852.9042. Fax 253.480.0002. Email care@nurse.net

**Healthy Humor**

Q: Why do soccer players get good grades in school?

A: Because they use their heads.

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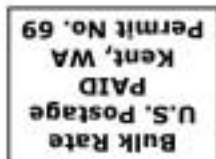
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