

Advanced Registered Nurse Practitioner Care

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2000 Legislative Session

by Jerri Henry

This year's legislative session is underway. Our lobbyist Jerry Farley, together with our legislative committee chaired by Mike Gregory from Wenatchee (email: grmike@gte.net) are working hard to finalize our priority Legislative issues. These issues are:

- ☐ Completion of Prescriptive Authority
- ☐ Authority to Sign Death Certificates
- ☐ Authority to complete legal paperwork for appointment of Guardian-Ad-Litem
- ☐ Authority to delegate dispensing of medication in schools
- ☐ Enactment of Nurse Delegation Authority
- ☐ L&I Independent Medical Examinations

The time is now to email or write to your district's legislators (find their address through website (www.leg.wa.gov) and give a brief overview of how these issues impact your practice. You are their constituents - educate them so they can represent you in Olympia.

An even better way to bring your message forward would be to attend the Nurse Legislative Day on Mon. January 24 from 8-4 in Olympia. We will have our own ARNP breakout session during the morning to give you the tools you need to meet with your legislator that afternoon (need to make appointment in advance). All info is available on our Website at www.nurse.org/wa/au/. It will be a fun and empowering experience. See you there!!!

Lu Joslin Elected President of Harborview Board of Trustees

by Larry Zalin

Luana Villalobos Joslin, ARNP has been elected president of the Harborview Medical Center Board of Trustees. A family nurse practitioner at Seattle Pacific University, Joslin also serves as an independent consultant for data consultations in ambulatory care settings.

Joslin has been a member of the Harborview Board since 1995. She has been vice president of the Board and has chaired the Board's Visiting Committee, Facilities Committee, and Health Services and Planning Committee.

Joslin's nursing experience includes roles as a staff nurse, educator, family nurse practitioner and administrator. She is board-certified as an adult and family nurse practitioner and as a college health nurse, and licensed as an advanced registered nurse practitioner.

Harborview is the only Level I trauma center in Washington, Alaska, Montana and Idaho. Harborview's specialties include neurological surgery, orthopaedic surgery and rehabilitation medicine, and patients from one-fourth of the nation's land mass arrive at Harborview via ground transportation and Airlift Northwest for care of serious

injuries. Harborview is owned by the citizens of King County and managed by the University of Washington.

ARNPs United Board of Directors Meeting

by Jerri Henry

January will find us focused again on the importance of finalizing details for the legislative session that begins this week. The Board will meet on January 12 from 5-9PM at the home of President-Elect Steve Felton in Wallingford. Agenda items include: final planning for Nurse Legislative Day on January 24 in Olympia, an update of legislative issues with Lobbyist Jerry Farley, WSNA update, fundraising, and other Administrative issues to include ARNPs United Website. Board meetings are held quarterly and are always open to any interested ARNP who would like to learn more about the organization. Please write or call me- Email JLHenry@jps.net, or home phone 253.859.1767 if you would like more information.

Study Confirms NP Quality on Par With Physicians

A landmark study in the Journal of the American Medical Association fills a gaping need in nurse practitioners' continuous quest for positive outcomes data as it indicates that NP quality of care is equal to that of physicians.

Released Jan. 5, the study, "Primary care outcomes in patients treated by nurse practitioners or physicians: A randomized trial," shows that patients in an ambulatory care setting who received care from both physicians and nurse practitioners reported the same level of satisfaction with both physicians and NPs, and had the same health outcomes.

The study was designed as a randomized trial conducted between August 1995 and October 1997. There were 1,316 patients who utilized the emergency department or the urgent care center of the Columbia Presbyterian Medical Center System in New York City enrolled in the study. Of those patients, 76.8% were female and 90.3% were Hispanic. Average age of the study participants was 45.9 years. Also, 806 of those patients visited NPs and 510 visited physicians. Patients were screened initially and again at 6 months. Patient satisfaction and health outcomes were found to be the same whether the patient received care from an NP or a physician.

While other studies suggest that NP quality of care is equal to that of physicians, this study is unique in that it examined NP outcomes in a practice run autonomously by NPs who had the same authority, responsibility and patient population as physicians in comparable practice settings. Furthermore, the study shows that patients returned for care from NPs one year later in the same manner they returned to physicians.

"This study confirms that care provided by nurse practitioners is equivalent to care provided by physicians in all areas that were measured in the study," says Mary Knudtson, NP, American College of Nurse Practitioners (ACNP) president. "The key here is that nurse practitioners had the same authority to provide care as physicians. There were no barriers to practice that impeded the nurse practitioners' ability to function as primary care providers. Thank you to Mary Munding and all for providing this important contribution to our profession."

To see the complete study on-line, go to ACNP's web site at www.nurse.org/acnp select "News". For additional information and outcome study sources select "Outcome Studies" Also visit the NP Central site <http://www.nurse.net/munding.shtml> that provides related news articles and a National Public Radio broadcast from 1/4/00.

The American College of Nurse Practitioners (ACNP) is an advocacy organization for nurse practitioners and patients. ACNP is committed to keeping NPs current on legislative, regulatory and clinical practice issues. Their office is located in Washington, D.C. Contact ACNP on Email at acnp@nurse.org, or by calling 202.546.4825.

Citation: Munding, M.O. et. al. *Primary Care Outcomes in Patients Treated by Nurse Practitioners or Physicians*. **JAMA** 283(1), January 5, 2000.

All-IPV Schedule for Routine Childhood Immunization Against Polio Now Recommended

The Advisory Committee on Immunization Practices (ACIP) now recommends an all-inactivated polio vaccine (IPV) schedule for routine childhood polio vaccination in the United States. Effective as of January 1, 2000, all children in the U.S. should receive four doses of IPV at ages 2 months, 4 months, 6-18 months, and 4-6 years. Polio Vaccine Information Statements (VISs) from the Centers for Disease Control and Prevention (CDC) consistent with this recommendation are available on the website of the Immunization Action Coalition (IAC).

The new "Polio" VIS for the all-IPV schedule can be downloaded as a camera-ready document (PDF format) at: <http://www.immunize.org/vis/ipv-00.pdf>

Concerning the continued use of Oral Polio Vaccine (OPV), CDC's "OPV Supplement" VIS states that OPV is still recommended for childhood polio vaccination in the U.S. under four circumstances. These circumstances include:

- ☐ Mass vaccination campaigns to control outbreaks of paralytic polio;
- ☐ Children who have never received any polio vaccine who plan to travel within four weeks to countries where polio is common. These children may get OPV for the first dose;
- ☐ Children whose parents do not accept the recommended number of injections. These children should get IPV for the first two doses of the polio vaccine se-

ries, but may get OPV for the third or fourth dose, or both;

- ☐ People with a life-threatening allergy to the antibiotics neomycin, streptomycin, or polymyxin B, or people who have a life-threatening allergic reaction to a dose of IPV. These people may get OPV instead.

The "OPV Supplement VIS" should be distributed to patients when using OPV in these circumstances. To obtain a camera-ready copy (PDF format) of the "OPV Supplement" VIS, go to: <http://www.immunize.org/vis/opv-00.pdf>

To read the original ACIP statement titled "Revised Recommendations for Routine Poliomyelitis Vaccination" which was published as a "Notice to Readers" in the June 15, 1999, MMWR, go to: <http://www.cdc.gov/epo/mmwr/preview/mmwrhtml/mm4827a4.htm>

From: IAC Express, January 12, 2000, #132.

Continued Risky Behavior in HIV-Infected Youth

New research indicates that both adolescents and adults continue to engage in risky activities even after they were diagnosed with HIV. Researchers from the University of Washington School of Public Health and the Seattle-King County Department of Public Health reviewed data for more than 3,000 HIV-infected youths and adults in an effort to describe and compare the risk behaviors of the two groups. The data was obtained from the Seattle-King County Adult/Adolescent Spectrum of HIV-Related Diseases Study, conducted between January 1990 and February 1998. The results show that both female and male youths were over two times as likely as adults to engage in risky behavior, including engaging in unsafe sex and sharing injection drug paraphernalia. The authors note, however, that both the youths and the adults participated in risky activities after HIV diagnosis, showing the need for public health campaigns targeting individuals infected with HIV as well as those at risk for HIV/AIDS.

From: CDC HIV/STD/TB Prevention News Update 01/11/00 Article: Diamond, Catherine; Buskin, Susan. "Continued Risky Behavior in HIV-Infected Youth", *American Journal of Public Health* (01/00) 90(1):115.

Buying Medical Products Online

The U.S. Food and Drug Administration (FDA) has set up a new website to provide consumers with information about buying prescription drugs and medical products through the Internet. The website provides information including:

- ☐ Tips and Warnings for Consumers
- ☐ Online Drug Sales Consumer Protection Initiative
- ☐ Enforcement Actions
- ☐ FDA Efforts To Help Curb Illegal Prescription Drug Marketing On The Internet
- ☐ Buying Drugs Online
- ☐ How to Spot Health Fraud
- ☐ Internet Purchase of Prescription Drugs: Buyer Beware

- ☞ Frequently Asked Questions
- ☞ Advice from Other Organizations About Health Products and Shopping Online

URL: <http://www.fda.gov/oc/buyonline/default.htm>

Classified Ads

Occupational Health Nurse Practitioner

One of region's fastest growing multi-specialty groups seeks certified NP with serious interest and experience in occupational medicine. Current knowledge of FAA, DOT, WISHA, OSHA and labor & industries a plus. This is a full-time position at 5 days per week/no call. Position based in our rapidly expanding Workplace Wellness Clinic that serves employees from over 500 businesses. Located just 50 minutes north of Portland, Oregon in a family-oriented community noted for its many parks, excellent library, vital performing arts theatre, and proximity to the great PNW outdoors. This practice is ideal for a NP who wants to join a practitioner driven organization committed to quality and compassionate care. We offer competitive compensation and outstanding benefits. Contact Anne Bennett, PeaceHealth Medical Group, Longview, WA Phone: 360-414-7596; Fax: 360-414-7550 or E-mail: ABennett@PeaceHealth.org.

Family Nurse Practitioner

Seeking experienced FNP to run a rural, hospital-associated clinic as sole practitioner. Available June 1, 2000. Well-appointed clinic with seasoned and good-humored staff, close to the beach. Good benefits. F/T. Salary D.O.E. Send CV to Willapa Harbor Hospital's Clinic at Grayland, PO Box 649, Grayland, WA 98547, fax: 360-267-7226 or call for more information: 360-267-0138.

Geriatric Nurse Practitioner

State certified & licensed ARNP sought to provide primary care for selected nursing home pts. Will work collaboratively with geriatrician. Requires 2 years acute care or community exp., ability to assess & manage health conditions & ability to work with clients, caregivers & health care providers. Also requires drivers license and use of personal vehicle. Integrated with multi-facted community focused senior care program, sponsored by Overlake Hospital. Apply to: Overlake Hospital Medical Center, Human Resources, 1035 116th Ave NE, Bellevue, WA 98004. Fax: (425) 688-5758. Phone: (425) 688-5201 Email: hr@overlakehospital.org. EOE.

Clinical Coordinator

Open immediately at GONZAGA UNIVERSITY, a Jesuit institution located in the beautiful Inland Pacific Northwest. Join our innovative nursing program that has a well-established distance learning program. The Clinical Coordinator holds a non-tenure track faculty position. Responsibilities include coordinating clinical placements, guiding students in creating individualized clinical programs, networking with rural placement projects and other FNP programs, and facilitating collaboration among preceptors and clinical faculty. The position involves some travel and clinical supervision of FNP students. There are also opportunities for classroom teaching and clinical practice. Position requirements: Master's-prepared (FNP preferred) with a minimum of 1 year practice experience as an NP. Eligibility for Washington State ARNP license. Highly developed organizational skills and excellent written and verbal communication skills are essential. Applications accepted until position is filled. Appointment begins June 1, with part-time availability after March 15 preferred. Gonzaga University offers a competitive salary and excellent benefits. Gonzaga University is an AA/EO employee that

practices mission-centered hiring. Send letter of interest and curriculum vitae to: Dr. Susan Norwood, Chairperson
Department of Nursing, Gonzaga University, 502 E Boone Ave, AD Box 38, Spokane WA 99258-0038
509-323-6646. email: norwood@gu.gonzaga.edu

Family Nurse Practitioner

A large allergy practice is looking for a full-time NP to work in our Richland, WA office. This person would have independence with guidance from physicians 2-3 days per week. In this specialized practice, you would be working with all ages of patients, see sick patients, handle patient education and work closely with physicians on patient treatment plans. Allergy experience is preferred, but training is offered. The practice employs another NP in its northern office sites. Hours are somewhat flexible. You can read more about us at nwasthma.com. To apply for this exciting position, please contact Diane at dfrench@nwasthma.com or call 800-437-4055.

Continuing Education

The Association of Reproductive Health Professionals (ARHP) Infectious Diseases 2000: A Clinical Review of Reproductive and Non-Reproductive Infections

January 28-30, 2000, Miami, Florida. The Association of Reproductive Health Professionals (ARHP) will host a new continuing education conference, Infectious Diseases 2000: A Clinical Review of Reproductive and Non-Reproductive Infections, January 28-30, 2000, at the Hotel InterContinental in Miami, Florida. This meeting will be

sponsored with the International Infectious Disease Society for Obstetrics and Gynecology (I-IDSOG), Planned Parenthood Federation of America (PPFA), American Social Health Association (ASHA) and National Association of Nurse Practitioners in Women's Health (NPWH). Program information is available on ARHP's web site at www.arhp.org. Please contact ARHP to receive a printed program, exhibit information or for any other additional information. Association of Reproductive Health Professionals (ARHP), 2401 Pennsylvania Ave NW, Suite 350, Washington DC, 20037-1718, phone: 202-466-3825, fax: 202-466-3826, e-mail: conferences@arhp.org, web site: www.arhp.org.

Seattle Pacific University Graduate Courses

Do you have legal questions about your practice? Interested in brushing up on pathophysiology? Seattle Pacific University offers graduate courses for working nurses. All courses after 4:00 PM. Winter quarter (January-March): Legal and Entrepreneurial Issues; Pathophysiology; Curriculum Development in Nursing. Spring quarter (March - June) Health Issues of Older Adults; Women's Health. For info on courses or a Master's degree in nursing, contact Donna Allis 206-281-2649 or e-mail dallis@spu.edu.

New Approaches in Allergic Rhinitis, Asthma, Osteoarthritis and Osteoporosis

Sunday, April 30, and Monday May 1, 2000 Merv Griffin's Resort Hotel and Givenchy Spa, Palm Springs, California Tuition: \$125 by 3/15/2000, \$175 after 3/15/2000 CE hours: Approximately 10 contact hours total. This two day conference will cover topics in the recognition, treatment, and outcomes of allergic rhinitis, asthma, osteoarthritis and osteoporosis. Experts will present on evidence-based approaches to the treatment of common clinical problems encountered in primary care practice. It will be targeted to primary care physicians, nurses, nurse practitioners, physician assistants and pharmacists.

Contact Penny Evans for more information. Phone: 206.616.4587, email: pennyevans@u.washington.edu

Reproductive Health 2000:

A Clinical Update on Women, Men, and Families

September 13-16, 2000 Swissotel Chicago, Illinois The Association of Reproductive Health Professionals (ARHP) will host its ~ annual meeting, Reproductive Health 2000, September 13-16, 2000 in Chicago, Illinois. This CME conference is designed for primary care physicians, nurse practitioners, nurse midwives, registered nurses, pharmacists, physician assistants, researchers, public health professionals, and health educators, it is being sponsored with AVSC International, National Abortion Federation (NAF), Planned Parenthood® Federation of America (PPFA), and National Association of Nurse Practitioners in Women's Health (NPWH). Two concurrent pre-conferences, Men's Reproductive Health and Women's Health in the Perimenopause will be held September 13th, Men's Health will feature sessions on reversible male contraception, no-scalpel vasectomy, and testicular self-exams, Women's Health in the Perimenopause will offer sessions on osteoporosis, alternative therapies, and mature sexuality, The general educational sessions will take place September 13th-16th and will feature didactic lectures with question and answer sessions immediately following. Lecture topics will include STDs, abortion, contraception, domestic violence and much more.

Ad Information

Copy deadline is the second Tuesday of the month prior to publication. Ads may be accepted later than this on a space available basis. Position Available Ads & Continuing Education Announcements of less than 66 words are \$45, of 66 to 130 words are \$75 and greater than 130 words are \$105. Position Available Ads are priced per insertion. Continuing Education Announcements are per offering for up to three (3) consecutive insertions. New Product Announcements per product for one insertion of 130 words or less are \$75. Ad Inserts are \$540 for one issue. All ads are subject to space limitations and editing. Call for detailed rate information. Mail copy to *ARNP Care*, 212 Railroad Ave N, Kent, WA 98032. Phone 253.852.9042. Fax 253.480.0002. Email care@nurse.net



Healthy Humor: (contributed by Trudi Levy)
 "Doctor, (not my word) I have an ear ache."
 2000 B.C. - "Here, eat this root."
 1000 B.C. - "That root is heathen, say this prayer."
 1850 A.D. - "That prayer is superstition, drink this potion."
 1940 A.D. - "That potion is snake oil, swallow this pill."
 1985 A.D. - "That pill is ineffective, take this antibiotic."
 2000 A.D. - "That antibiotic is artificial. Here, eat this root!"

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