

Advanced Registered Nurse Practitioner Care

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Electro Molecular Medicine: A New Frontier

by Glen Gordon, MD
Medical Director, EM Probe Technologies

Two hundred years after Newton was “struck” with an apple’s fall to earth, Sir James Maxwell proposed electromagnetism as a stronger force in the universal scheme, one controlling electron movement between atoms.

Maxwell’s understanding was seminal in creating the modern era of quantum physics at the turn of the 20th century. The path of quantum chemistry and therapy lay ahead, which Hawkings in “A Brief History of Time” celebrated as “the basis of biology, life itself”.

Rather than join the scientific world in the quantum revolution, traditional medicine, aka chemical interests and AMA, cooperated to publish the Flexner report in 1910 that eradicated electromagnetism from all medical curricula in the United States, and closed 170 institutions in the name of “medical science” that supported such “irregular” teachings. A treatment half of the populace in the United States embraced in the 1850s was gone in a political coup that continues to rebuke the conclusions of a century of Nobel laureates. Drugs and surgery became lord and master, imposters ruling a kingdom of subjects deserving better science, something better than fiat declarations of “its this or nothing” and fronted studies.

Commonly employed in Europe, only a few continued to define electromagnetism in America. Robert Royal Rife was defiled and harassed to the point of suicide for his insights. Robert Becker overcame such vicious ignorance by publishing “The Body Electric”, a treatise exalted by millions. Alas, his genius only cracked the door as electro-molecular medicine was carefully sequestered in orthopedic fracture care instead of redefining “life itself” as it is inevitably destined to do.

In 1972 American cardiologists traveled to Moscow to witness the restoration of different heart conditions employing electromagnetism and found it “pretty impressive IF they were telling the truth”, (first rule: discredit the source). The work of the Myasnikov Institute went unreported as another opportunity to embrace electro-molecular understanding of our “body electric” was (dis)missed. Arthritis, stroke, and spinal cord injury are similar oversights here that are treated as electro-molecular disruptions in Europe.

In 2003 Goodwin and Dennis defined “the most bio-effective” pulsed electromagnetic characteristics in an exhaustive study sponsored by NASA. Their watershed study of molecular and genetic response found that properly pulsed electromagnetic fields greatly enhanced genetic response in humans, clearly demonstrated as the operant mechanism in their study. Audacious, not at all! The stuff of Nobel prizes from Maxwell to Hawkings is in our hands and together we can return healthcare to the altruism we, and it, deserves. We cannot allow this era of electro-molecular medicine to be denied us again.

Glen Gordon MD gained first US approval to use pulsed electromagnetic technology to treat soft tissue injury in humans

(1980), developed the first nanosecond pulse technology in the US, and continues to speak and write on this new paradigm in treating illness and injury. For more information see www.emprobe.com

The Times They Are A Changin’

Marty Couret, ARNP
Co-Chair, Legislative Committee

NPs are headed for change. The education escalation in health care virtually ensures a practice doctorate as the entry level for NPs to practice. This transition provides an opportunity to make key changes to our profession. For the profession to move forward smoothly, the new practice doctorate will need to include several key elements.

First, nursing programs need to settle on a single or standardized basic curriculum. With this standardization should also come a single professional designation. If each school develops its own program, they may choose different titles and further confuse the medical community and the public over the NP role. The last thing we need is a DrNP, DNP, ND and NPD.

Second, the new doctorate curriculum should include a general certification allowing NPs to treat all patients. We should take a lesson from or physician colleagues and start as general practitioners who then go on to additional schooling in order to specialize. Too many NPs are pigeonholed professionally by their restrictive PNP, GNP, ANP, or WHNP degrees. Licensure and state laws limit treatment of patients and decreases employability of NPs. This is particularly a problem for specialized NPs in small towns.

Third, there is the need for a paid apprenticeship after graduation. This is in response to complaints that new graduates feel unprepared for independent practice. A six-month or one year stipend position will ensure the safety and competency for all new graduates. This is a win-win situation, as employers would be glad to pay a stipend or reduced wages to a new graduate, and the new graduate would be happy to get some experience.

These three elements will not be popular with everyone. Nursing schools like being the leaders in creating new unique programs to attract more students. Specialty NPs do not want to do generalist instruction if they are not going to use it. However, PNPs cannot treat a 20-year-old brother or sister with Strep, and ANPs and GNPs cannot treat pediatric patients when the parents have a contagious disease. New graduates may not want to do an internship for low wages. Nonetheless, this will invariably turn into jobs for new graduates. These changes will likely have to start from the top down. We need a national consensus followed by state, industry and university acceptance. Change happens to all professions. It is generally difficult, rarely smooth, and usually happens anyway.

DEA Numbers

by Marty Couret, ARNP
Co-Chair, Legislative Committee

At the annual meeting it was mentioned certain pharmacies have requested DEA numbers to fill non-narcotic prescriptions. A number of insurance companies require a DEA number to fill prescriptions. While the passage of HB 1479 last year made it easier for ARNPs to get a DEA number for schedule II-IV medications, it is not a requirement to practice or prescribe. Pharmacies and insurance companies cannot prevent an ARNP prescribing non-scheduled medications from being filled without a DEA number.

This should all be a moot point with the advent of the national provider identification (NPI) number. NPI is part of the HIPAA implementation. The NPI will soon be used for all credentialing, licensing, etc. All practicing NPs should get this number. For more information go to <https://nppes.cms.hhs.gov> or contact NPI Enumerator at 800.465.3203

2006 Legislative Session Agenda

by Heather Bradford, CNM, ARNP
Co-Chair, Legislative Committee, ARNPs United

Follow up the results of the November ballot initiatives (I-330/336) regarding the professional liability crisis.

- Regardless of the initiative vote results, evaluate and promote future legislation as it addresses the Nursing Principles for Malpractice Reform of our WSNA/Nurse Practitioners' Coalition
- Maintain access to care for patients
- Retain access to the courts for all
- Reduce the incidence of medical errors and injuries by applying systems-based (rather than blame-based) approaches to health care improvement
- Ensure public disclosure and transparency by liability insurers of relevant business practices, income, losses, claims and benefits
- If caps on non-economic damages are made legal, promote a fair and reasonable level of \$1 million
- Maintain ARNP autonomy
- Ensure ARNPs are included in the language of all health care bills wherever "physician" is written
- Improve insurance reimbursement of ARNPs

Help us Celebrate Nursing Excellence in Western Washington! Nominate an outstanding RN who has made a significant impact in the lives of patients and to the nursing profession. The March of Dimes 2005 Nurse of the Year Awards takes place Thursday, December 8, 2005 at the Hyatt Regency Bellevue from 9-10:30 a.m. The Nurse of the Year Selection Committee is accepting nominations through November 18th. Don't forget that anyone has the opportunity to nominate a nurse. RN's working in any field and at any staff level is eligible. All Nomination Applications must be mailed or faxed to the below address. Please forward a check (\$10.00 per nomi-

nation**) made payable to the March of Dimes-Nurse of the Year. March of Dimes, Washington Chapter, 1904 Third Avenue, Suite 230, Seattle, WA 98101, Phone: 206.624.1373, 800.291.DIME (3463), Fax: 206.292.8190

Please visit our webpage link for more details, including a downloadable Nomination Application to be completed, then mailed or faxed to the March of Dimes to nominate a deserving nurse.

http://www.marchofdimes.com/washington/7391_17450.asp

Join us at the December 8th breakfast as we honor 11 beloved nurses and recognize the tremendous contribution of all nurses in our community!

Continuing Education

Complimentary Continuing Education

FnP Associates is pleased to announce complimentary continuing education programs for NPs available on the web. The programs are:

Pain: Current Assessment, Management, and Treatment – This program is approved for 6.0 contact hours in pharmacology, www.npcentral.net/ce/pain

Treating the Common Cold: An Expert Panel Consensus Recommendation for Primary Care Clinicians – It is approved for 1.8 contact hours in pharmacology. This is an evidence – based set of recommendations for managing cold symptoms, www.npcentral.net/ce/cold

Frequent Heartburn: An Evidence-Based Approach to Cost-Effective Management – Developed in collaboration with the American Academy of Physician Assistants, this program is accredited for 1.0 contact hours.

<http://www.npcentral.net/ce/heartburn>

Register, read the article, take the post-test, fill out the evaluation, and print out your CE certificate! Do these at your own pace. It's easy!

21st Annual Infectious Disease Conference

December 15-17, 2005, Fairmont Olympic Hotel, Seattle, For further information contact Jeri.Sackett@Providence.org or 425.261.3691

Classified Ads

Nurse Practitioner/Physician Assistant - Certified

Full-time opening for a nurse practitioner or physician assistant to work at multiple urgent care centers with a primary home base 70% of the time in Covington, WA. Primary responsibility is to provide quality healthcare to patients of all ages. Flexibility in work location required. Experience in urgent care and family practice is preferred. Candidates must be, or qualified for licensure & certification in Washington State a PA or NP. Competitive salary, flexible shift work and comprehensive benefit package. Please email your CV to providerservices@multicare.org or fax your CV to 866-264-2818. Please refer to opportunity #393. Website: www.multicare.org "Multi-Care Health System is a drug free workplace"

Occupational Medicine – Tacoma, WA

MultiCare HealthWorks, a division of MultiCare Health System seeks an occupational medicine ARNP or PA-C to join an established program. Qualified applicants must be certified, flexible, self-motivated, committed to program development and have at least 2 years occupational medicine experience. As a MultiCare employee, you will enjoy excellent compensation, benefits and system-wide support. Email your CV to MultiCare Health System Provider Services at providerservices@multicare.org or fax your CV to 866-264-2818. Website: www.multicare.org. "MultiCare Health System is proud to be a drug free workplace"

ARNPs – Aberdeen, WA

Internal Medicine practice in Aberdeen, WA has an immediate opening for part-time or full-time ARNP. Prefer two year's prior clinical experience in adult medicine. Current WA state and DEA licensure required. Send cover letter and CV to: Michelle Pelt, Clinic Administrator, Coastal Internal Medicine, 954 Anderson Drive, Suite 104, Aberdeen, WA 98520 or call 360.538.0135.

MinuteClinic – Family Nurse Practitioner

MinuteClinic is an innovative healthcare company providing consumers with high-quality, quick and affordable healthcare services in convenient retail locations. Although headquartered in Minneapolis/St. Paul, MN we are also located in the greater Baltimore, MD, Nashville, TN, Indianapolis, IN and Washington DC areas and are expanding to numerous metros throughout the United States this year, including the Seattle, Washington area. We are looking for Family Nurse Practitioners who possess a sense of professionalism, pride and independence to join our exciting endeavor.

Family Nurse Practitioner As a Certified Family Nurse Practitioner, we know that you are looking for a satisfying career that pays well and leaves you time for your own personal life. We accomplish this by offering our employees a unique schedule and the autonomy of having a neighborhood clinic of your own in a convenient retail location. MinuteClinic also offers its full-time practitioners a highly competitive salary and full benefits package (including \$1500 CME annually) and pro-rated benefits for part-time practitioners (24 + hours/week) as well as extensive training and development programs. As a MinuteClinic Family Nurse Practitioner, you will perform the following:

Diagnose and treat common family illnesses for patients over 18 months of age (along with writing prescriptions when clinically appropriate). You will also help patients manage their well-being with vaccinations and patient education. For more information on MinuteClinic and the services our practitioners provide, visit us at www.minuteclinic.com.

Complete patient documentation via computerized charting, using proprietary software based on the most current medical guidelines to eliminate guesswork and keep your day paperless, efficient and focused on your patients.

Work three 12 hour days per week and every 3rd weekend (full-time FNPs), offering you a unique schedule. Part-time

hours vary from rotating weekends and per diem hours up to 36 hours per week depending on your goals and availability.

The ideal candidate will have relevant experience as a Certified Family Nurse Practitioner and hold a licensure to practice in the state of Washington.

For immediate consideration please email your resume and a cover letter to jobs@minuteclinic.com. We look forward to hearing from you.

Family or Geriatric ARNP

Family or Geriatric ARNP wanted for adult home visit practice seeing seniors in adult family homes, assisted living, nursing homes and hospice north of Seattle. Full or part-time position offers maximum flexibility and independence, no hospital work, good support with on-line medical records, transcription and competitive remuneration. Contact Doctors Home Visits, 360.466.2251 or fax CV to 360.466.5673.

Full-Time Family Nurse Practitioner

Immediate opening for an experienced FT ARNP or PA in a Family Practice clinic with high integrity. Great opportunity and benefits in an established practice located between Northgate and Ballard. E-mail resume to fmcpinfo@algxmail.com or fax 206.297.3968.

ARNP – Women's Health

Join our Health Care Team in beautiful Bellingham WA! Planned Parenthood clinic seeks FT, experienced, caring, ARNP/PA-C. Current WA State license required. Bilingual English/Spanish a plus. Competitive salary DOE, great benefits, wonderful staff, rewarding works. Call 360.734.9007, email jobs@mbpp.org, or visit www.mbpp.org to receive an application packet. Return them to 2300 James Street #207, Bellingham, WA 98225.

Ad Information

Copy deadline is the second Tuesday of the month prior to publication. Ads may be accepted later than this on a space-available basis. Position Available Ads of less than 66 words are \$45, of 66 to 130 words are \$75, and greater than 130 words are \$105. Position Available Ads are priced per insertion. Continuing Education Announcements of less than 65 words are \$70, of 66 to 130 words are \$105, or 131 words or greater are \$130. Continuing Education Announcements are per offering for up to three (3) consecutive insertions. New Product Announcements per product for one insertion of 130 words or less are \$75. Ad Inserts are \$550 for one issue. All ads are subject to space limitations and editing. Call for detailed rate information. Mail copy to ARNP Care, 10024 SE 240th St, #102, Kent, WA 98031. Phone 253.852.9042. Fax 253.852.7725. Email .

Healthy Humor

Feeling Old?

1974: Long hair : 2004: Longing for hair
 1974: KEG : 2004: EKG
 1974: Acid rock : 2004: Acid reflux
 1974: Seeds and stems : 2004: Roughage

1974: Hoping for a BMW : 2004: Hoping for a BM
 1974: The Grateful Dead : 2004: Dr. Kevorkian
 1974: Going to a new, hip joint : 2004: Receiving a new hip joint
 1974: Rolling Stones : 2004: Kidney Stones
 1974: Screw the system : 2004: Upgrade the system
 1974: Disco : 2004: Costco
 1974: Passing the drivers' test : 2004: Passing the vision test

Email: care@nurse.net Web site: www.nurse.org/wa/arnpcare

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